

Service Provider Matrix

We can HELP! 24/7 Helpline:

		Service Provider																
Presenting Concern	Alcohol / Drugs			◆		◆												
	Anxiety / Depression / Stress	◆		◆					◆					◆			◆	◆
	Child Maltreatment								◆		◆						◆	
	Domestic Abuse / Sexual Assault (between intimate partners)								◆		◆						◆	
	Education / Professional Development			◆	◆												◆	
	Finances		◆	◆	◆								◆			◆		◆
	Grief / Loss / Sadness	◆	◆	◆	◆				◆					◆		◆	◆	
	Homicidal Thoughts										◆			◆				
	Hostile Work Environment			◆				◆		◆							◆	
	Interpersonal Conflicts			◆										◆		◆	◆	
	Legal (i.e., wills, power of attorney)			◆									◆					
	Marriage & Family / Relationships	◆	◆	◆	◆				◆				◆	◆		◆	◆	
	New Parent Assistance		◆	◆					◆									
	Nutrition / Fitness / Tobacco		◆	◆						◆								
	PCS / Separation			◆	◆												◆	
	Problematic Sexual Behavior (in youth)								◆		◆							
	Sexual Assault								◆		◆					◆	◆	
	Sexual Harassment								◆		◆					◆		
	Sleep	◆		◆						◆				◆			◆	
	Special Needs / EFMP		◆	◆	◆								◆					
	Suicidal Thoughts	◆									◆			◆			◆	
	Workplace Discrimination	◆						◆			◆			◆			◆	

For Emergencies, Dial 911.

For Immediate Help, Contact Command Post 24/7 at DSN: 731 - 1900 or

Commercial:

501-987-1900

National Suicide Prevention Lifeline, 24/7, English & Spanish: 988

DoD Safe Helpline: 877-995-5247

Dept of Veteran's Affairs Hotline 501-204-8870

Military One Source (M1S): 800-342-9647

M1S Arkansas Consultant: 501-322-0202

Employee Assistance Program (EAP) 866-580-9078

* Chaplains are a first responder to many concerns and will most likely always hand individuals off to a medical service provider or certified provider when possible.



Need more info? Little Rock Air Force Base “WE CARE” Agencies



Service Provider Matrix

Agency/Service Provider Phone Number Listing

	(501) 987-8752	Equal Opportunity (EO)	(501) 987-8629	Mental Health	(501) 987-7338
Air Force Employee Assistance Program	866-580-9078, press opt 2 - 24/7 access or www.magellanAscend.com	Family Advocacy Domestic Abuse Victim Advocate	(501)-987-7377 (501)-204 -8870 24/7 access	Military Family Life Consultant (MFLC)	(501) 941-6686
Military OneSource	(800) 342-9647 24/7 access or www.militaryonesource.mil	Health Promotions	(501) 987-7288	Primary Care Behavioral Health (PCBH)	(501) 987-8811
Military & Family Readiness Center (M&FRC)	(501) 987-2667	Inspector General	(501) 987-3596 24/7 access	Sexual Assault Prevention & Response (SAPR)	(501) 987-2685 or 2697 Helpline (501) 987-7272, 24/7 access SARC Cell: 501-533-5467 SAPR VA Cell: 501-533-9317
Alcohol & Drug Abuse Prevention Program (ADAPT)	(501) 987-7338	Law Enforcement - SFS AF OSI	(501) 366-8227, on-call security forces INV (501) 987-7196, on-call OSI INV	Victims' Counsel (VC)	(501) 987 - 3412 or 7229 (202) 763 5333 after hours/non-emergency assistance if emergency call 24/7 SAPR Hotline (501) 987-7272
Chaplain Corps	(501) 987-6014 after hours call Command Post (501) 987-1900 for duty Chaplain	Legal	(501) 987-7886		Contact your Unit Embedded Mental Health
	Flight Chief 501-987-6820 Child Development Center 501-987-6130		(501) 987-6095		(501) 987-4034 lumenalabs.com/booking
	(501) 987-1941 cell: 501-951-3102			Red Cross	(877) 272-7337

