



# Fitness Center



- **Restricted Services:**

- Continue one hour appointments & Space-A followed by 30 minute cleaning
- Limit access to 50 members max to facility (Mil / DoD Civ / Dep age 16+)
- Weight Room: Original 100 machines → 50 spaced machines (Aerobic Room converted to free weight area)
- All of the following temporarily closed/not available/suspended:
  - In-person events, sports, or intramurals in facility
  - Locker room use
  - 24-hr access
  - Basketball, wally ball, racquetball courts or equipment checkouts
  - Indoor track

## Mitigation

- Single point of entry + ID checks & all personnel will be screened upon entry by a staff member & are required to wear masks
- Staff will be designated to rooms to assist w/cleaning/distance enforcement
  - Patrons are required to disinfect all equipment used when complete
- Signs on machines will indicate unavailable equipment to help enforce distancing
- Aerobics room only for self-directed fitness (stretching & plyometrics)
- Cleaning contractors will resume full-time operations
- Fitness Classes: Held at outdoors at WarFit Pavilion
  - Fitness Classes have priority over space required to conduct instruction
  - ADH & CDC guidelines/restrictions on distancing still apply (recommend no masks during workout)
  - Contractor-led (Millennium)
- Clean/disinfect high touch points every hour