

## Helpful Websites

### [www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)

This is the web site for the most accurate and up-to-date information about the military installation you are PCSing to.

### <https://myhub.militaryonesource.mil>

This "My Training Hub" website provides sponsors roles and responsibilities, knowledge and resources and tools to be a successful sponsor.

### [www.militaryonesource.mil](http://www.militaryonesource.mil)

A free service provided by the DoD to military members and their families to help with a broad range of concerns including money management, spouse employment and education, relocation, deployment and the particular concerns of families with special-needs members.

### [www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)

All the information you need to know to plan a successful move can be found using the tools on this webpage. This includes creating a personalized calendar with checklists and phone numbers to your gaining installation.



## A&FRC Programs

Air Force Aid Society

Air Force Key Spouse

AF Wounded Warrior

Air Force Families Forever

Career Focus

Deployment Support

Exceptional Family Member  
Program-Family Support  
(EFMP-FS)

Personal Financial Readiness

Relocation/PCS

Personal and Work Life

Separation/Retirement



Updated 01/2017

# Moving/PCSing



## Airman and Family Readiness Center



940 Arnold Drive  
Little Rock AFB, AR 72099  
(501) 987-2667

### Hours of Operation:

Monday 0730-1630

\*Tuesday 0730-1400

Wednesday 0730-1630

Thursday 0730-1630

Friday 0730-1630

# Moving/PCSing



## Introduction

Where do you start when you get PCS orders or have to move? If you don't even know what questions to ask or what resources are available to you, this pamphlet includes helpful websites, programs and other information to point you in the right direction.

There are programs and resources available to you both arriving and departing Little Rock AFB to include PCS Child Care and the Loan Locker.

You can always contact the Airman & Family Readiness Center to point you in the right direction or stop in to pick up local information or speak with a



## Inbound Programs

### Newcomer's Orientation

This mandatory one-day workshop offers up-to-date information about your new base and community. It is designed to familiarize newcomers with the local policies, services and facilities at Little Rock AFB. Attendance is mandatory for all military personnel and spouses are encouraged to attend with a separate breakout session including information specific to spouses.

### Newcomer's Newsletters

Inbound military members receive information about local happenings, school information, common numbers and a variety of information to help members and families familiarize themselves with the base and community.

### Sponsorship & Training

Sponsorship training is now done online (website information in "Helpful Websites" section of pamphlet). Members can speak with their supervisor if they are interested in becoming a sponsor. Trained sponsors can pick up Sponsorship Packets at the A&FRC.

## Loan Locker

Kitchen and other household items are available for free to PCSing personnel for temporary use.

Some items include:

- Kitchen Kits (including dishes, silverware and cookware)
- Microwaves
- Coffee Pots
- Tables & Chairs
- Baby Items
- Irons and Ironing Boards



## Outbound Programs

### "Plan My Move" Workshop

This informative course is designed to prepare military personnel for their upcoming PCS move. Various presentations include Finance, TMO, Housing, and Medical. The Airman and Family Readiness Center offers information on military installations and demographics.