

# *Headquarters Air Mobility Command*

---



## **AMC EMPLOYEE ASSISTANCE PROGRAM**

---

*Unrivaled Global Reach for America ... ALWAYS!*



# **EMPLOYEE ASSISTANCE PROGRAM (EAP)**

---



**Available 24/7, confidential assessment, referral and short-term consultative services for any personal problem that has a negative impact on work performance**

**Employees can refer themselves, or can be referred either formally or informally by management, although participation is completely voluntary**

***PA ANNOUNCEMENT FORTHCOMING!***

***Unrivaled Global Reach for America ... ALWAYS!***



# EMPLOYEE ASSISTANCE PROGRAM (EAP)



## SUPPORTS: SO8 – Care for Airmen and Families TOTAL FORCE = Military/Civilian Workforce

### (Military One Source)

### (Civilian EAP Program)

- Confidential Non-Medical Counseling(Face-to-Face/Video)
- Prepare for Deployments/Moves
- Financial Counseling
- Educational Materials
- Adult and Elder Care
- Adoption
- Health and Wellness Coaching

- Confidential Counseling
- Financial Counseling
- Legal/Financial Services
- Stress Management
- Health and Wellness Coaching
- Web Resources
- Assist Supervisors in access to services for employees
- Drug/Alcohol

*Services are Available 24 Hours a Day, 365 Days a Year*

*Unrivaled Global Reach for America ... ALWAYS!*