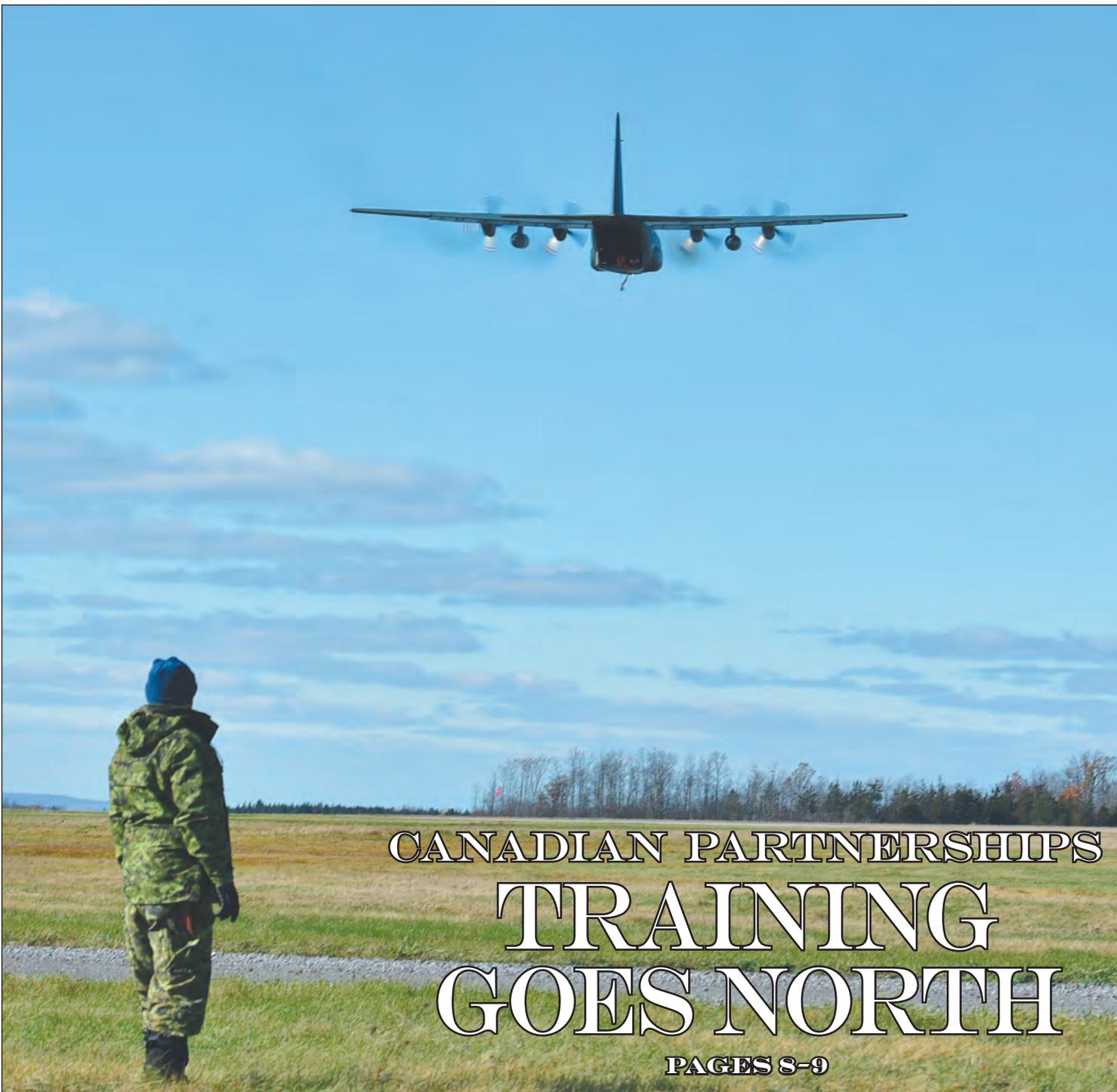




VOLUME 65 • NUMBER 41 • FRIDAY, NOV. 17, 2017



# CANADIAN PARTNERSHIPS TRAINING GOES NORTH

PAGES 8-9

U.S. AIR FORCE PHOTO BY AIRMAN RHETT ISBELL

Royal Canadian Air Force Sergeant Steve Peacock, 8 Wing Trenton Combat Aerial delivery support section, watches a Royal Canadian Air Force C-130H do a low-altitude fly by Nov. 6, 2017, at Canadian Forces base Trenton in Ontario, Canada. The 41st Airlift Squadron, 61st Airlift Squadron and the 19th Airlift Wing were invited by the Royal Canadian Air Force to perform exercises in adverse weather conditions.



## LOCALS GATHER SUPPLIES FOR PUERTO RICO RELIEF EFFORTS

Hurricane Maria was the 13th named storm, 7th consecutive hurricane, fourth major hurricane and the second category five hurricane of 2017.

PAGE 5



## TEAM LITTLE ROCK EXPLORES NATIVE AMERICAN CULTURE

In appreciation of Native American Heritage Month, 12 Team Little Rock members visited Petit Jean State Park Nov. 3, 2017.

PAGE 10



## WINTER WONDERLAND AND CHRISTMAS TREE LIGHTING

Airman and Family Readiness Center and the base chapel will host holiday events Nov. 28.

PAGE 11

# Keep safety in mind in seasonal, holiday plans

By Darlene Y. Cowser

*Air Force Safety Center Public Affairs*

KIRTLAND AIR FORCE BASE, N.M. (AFNS) – Temperature changes, shorter daylight hours, increased travel and emotional overload are hallmarks of the fall, winter and holiday seasons that safety officials say result in preventable mishaps.

“It’s as simple as taking the same safety practices and procedures we use on duty and applying them to our off-duty activities,” said Maj. Gen. John T Rauch, Air Force Chief of Safety. Every Airman should maintain a safety culture, he said, from following the fundamentals on duty to using sound risk management and making smart decisions off duty.

“I urge every Airman – uniformed and civilian – to take the time to thoroughly think through your holiday plans and use sound risk management when traveling and participating in the seasonal and holiday activities,” Rauch said.

Occupational safety experts at the Air Force Safety Center track mishaps through the fall-winter-holiday period from the Monday preceding Thanksgiving Day to the day after New Year’s Day. Mishaps for those periods over the past five fiscal years resulted in 25 serious off-duty mishaps; 20 deaths, one permanent total disability and four permanent partial disabilities. Motor vehicle mishaps made up the majority with 15, followed by sports, recreation and individual fitness with five.

“While we know that one fatal mishap is too many, it’s especially disheartening when we see that most of these mishaps were preventable,” said Bill Parsons, Air Force chief of occupational safety. “If every Airman commits to making risk management part of every activity – on duty and off duty – I’m convinced there will be more Airmen who return to duty after the holidays with great memories and stories to share.”

While most serious off-duty mishaps involve motor vehicle operation, safety experts agree that potential dangers in the home and in recreational activities must also be managed effectively to save lives and reduce serious injuries.

All Airmen and their families can use the following safety checklists to keep seasonal and holiday travels, celebrations and activities safe.

## FOR YOUR HOME

- Supply of flashlights, batteries and blankets
- Salt or sand for treacherous sidewalks and driveways
- Safe, radiant space heater (no open coils)
- Supply of medications and food
- Smoke and carbon monoxide detectors

## FOR YOUR CAR

- Check fluid levels, service belts and hoses
- Ensure heater and defroster are working
- Check tire pressure and tread
- Check brakes within the last 5,000 miles
- Test turn signals, brake and headlights,

and four-way hazard lights

- Change cracked or worn windshield wiper blades
- Stock emergency kit (blankets, flashlights, water, energy bars, warning triangles, first aid kit, etc.)

## WHILE DRIVING

- Driving and texting make a lethal combination; don’t let your next text be your last
- Alcohol and driving ... don’t do it
- Plan your outing ... know the area and pack accordingly
- Slow down ... enjoy the drive
- Get a good night’s sleep and take frequent rest stops

## IF STRANDED ON THE ROADWAY

- Stay calm; get your vehicle as far off the road as safely possible; turn on emergency flashers
- Call or text roadside assistance or 911; keep windows and doors locked until help arrives
- Make your vehicle visible; open the hood or tie a brightly colored object to the antenna
- Remain in the vehicle unless help is visible within 100 yards; don’t risk exposure
- Run engine periodically to keep the vehicle warm; ensure car exhaust pipe is clear of snow that could block the discharge; crack a window to avoid carbon monoxide buildup
- Move fingers, toes and change seated position frequently to avoid frostbite

## EDITORIAL POLICY

### How to reach us

404 Graham Road,  
Jacksonville, Ark. 72076  
Phone: 501-982-9421  
Fax: 501-985-0026

### E-mail:

combatairlifter@arkansasleader.com

### Advertising:

combatairlifter@arkansasleader.com

### Deadline

Noon Fridays. Submit articles through e-mail.

Published by North Pulaski Printing, Inc., 404-B Graham Road, Jacksonville, AR 72076, phone number (501) 985-1432, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 19th AW. This civilian enterprise Air Force newspaper is an authorized publication for the members of the U.S. military services. Contents of Combat Airlifter are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The appearance of advertising in this publication, including inserts or supplements, does not constitute en-

dorsement by the Department of the Air Force or North Pulaski Printing, Inc. of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. Editorial content is edited, prepared and provided by the Public Affairs Office of the 19th Airlift Wing. All photos are U.S. Air Force photos unless otherwise noted. Combat Airlifter reserves the right to edit all items.

## EDITORIAL STAFF

Col. Gerald A. Donohue

19th Airlift Wing

Commander

1st Lt. Margaret Kealy

Chief of Public Affairs

Content provided by 19th Airlift Wing Public Affairs

Contact 19awpaleadership@us.af.mil

Garrick Feldman

Editor and Publisher

Christy Hendricks

Managing Editor

# COMBAT AIRLIFTER OF THE WEEK

**NAME/RANK**

Senior Airman Matthew "Chuck" Morris

**ORGANIZATION**

19th Aerospace Medicine Squadron

**DUTY TITLE**

Bioenvironmental engineering technician

**HOMETOWN**

Leverett's Chapel, Texas

**TIME ON STATION/ TIME IN SERVICE** Three years/  
Four years

**HOBBIES/GOALS**

Lifting weights, hunting, fishing, camping and baking.  
Obtain Bachelor's degree in Environmental Science  
and become a wildlife manager.

**CORE VALUE**

Service before Self.

Morris demonstrates his dedication to the Air Force daily by being the first to arrive and the last to leave. His eagerness to assist his peers with training and mentorship while tirelessly accomplishing occupational health risk assessments enabled the Bioenvironmental Engineering Flight to ensure 5,800 personnel from 137 workplaces are protected from more than 6,000 hazards while performing their mission. As part of the Chemical, Biological, Radiological and Nuclear response team his expertise was clear when he led recon teams during two real world responses, quickly providing health risk assessments and aiding in restoring base operations. Morris continues his dedication to service and others through his volunteerism as the 19th Medical Group's Airmen Against Drunk Driving representative and his assistance with Little Rock Air Force Base Women's Equality Day and Retiree Day events.



U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS CODIE COLLINS

## MSG CORNER

■ CMSgt Williams Drive is closed between Avenue A East and Avenue A West until late October. Avenue A East is still accessible from the east and Avenue A West from the west. The intersection of Thomas Avenue and CMSgt Williams Drive is closed.

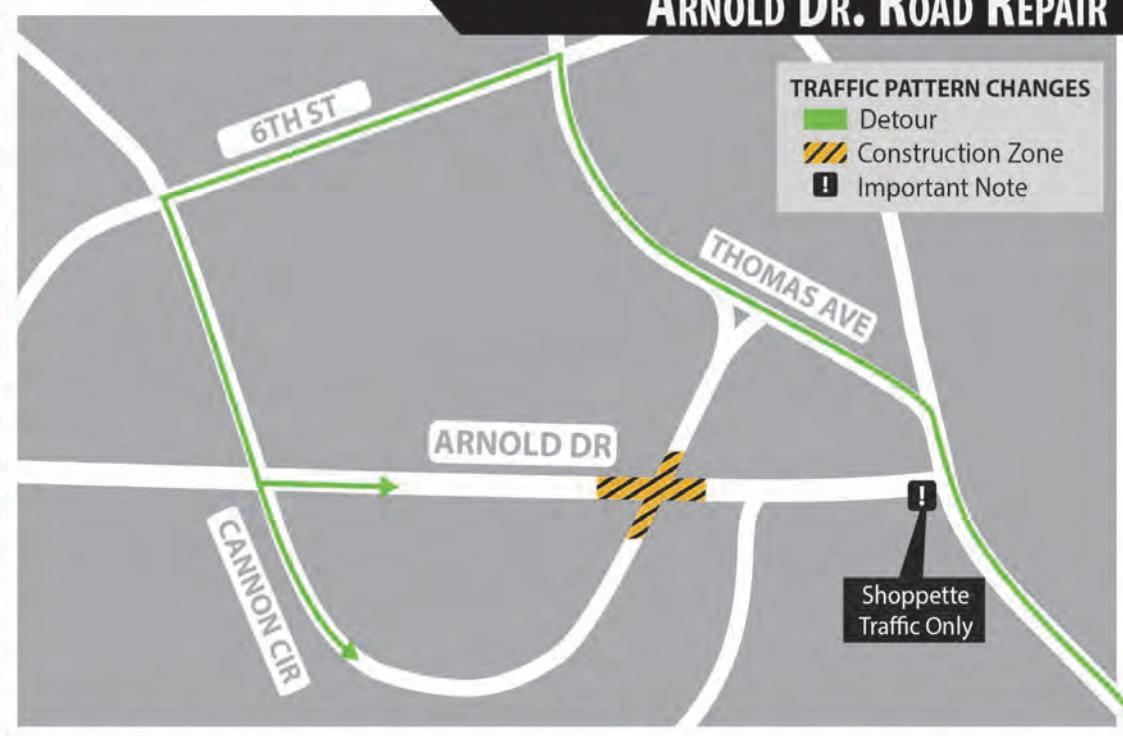
■ Arnold Drive between Cannon Drive and 6th Street is closed and will remain closed for approximately four weeks for repairs. Through traffic traveling west on Arnold Drive will detour at Cannon Drive to CMSgt Williams Drive. Customers traveling west will still be able to access the Clinic and First Arkansas Bank and Trust parking lots.

■ The Warfit Track is currently closed for repairs. Alternate locations include the indoor track at the Fitness Center, the outdoor track (across from Burger King) or around base using the running map located on the rocking at the rock web page <https://www.rockinattherock.com/fitness/>

Contact your PTL for PT testing location.

## UPCOMING TRAFFIC CHANGES: HOW YOUR COMMUTE MAY BE AFFECTED

### ARNOLD DR. ROAD REPAIR



**Arnold Dr. Construction Considerations:**

- ▶ The Eastern Intersection between Arnold Dr. and Cannon Cir. will be under construction.
- ▶ Please ensure you or your children do not walk through the construction area.
- ▶ Please follow the detour from Vandenburg Blvd. to Thomas Ave. to 6th St. down Cannon Cir. to Arnold Dr. to reach the Walters Center or the base Chapel. Continue down Cannon Cir. to reach base lodging.
- ▶ Estimated start date: November, 16, 2017
- ▶ Estimated completion date: Mid December
- ▶ **Dates subject to change due to weather and unforeseen site conditions**
- ▶ Please consider this construction when attempting to attend base activities and events

**2017  
AIR FORCE  
ART  
CONTEST**

---

**PRIZES**

Winners in each category will receive Amazon Gift Cards



## Call for ENTRIES

**November 1-30**

For more info visit [myairforcelife.com/arts](http://myairforcelife.com/arts)

Brought to you by Air Force Services Activity

**CATEGORIES**

Adults: Novice  
Adults: Accomplished

Children: 6-8 Years  
Pre Teens: 9-12 Years  
Teens: 13-17 Years



## WE WANT TO BE YOUR FIRST CHOICE!

To make sure we are always working toward that goal, we want to hear from you.

Please take a few minutes to complete a short survey to help us learn what we do well, what needs improvement, & what ideas you have.

To complete the survey visit:  
[rockinatherock.com](http://rockinatherock.com) & click on the homepage banner

We look forward to hearing from you!

**Survey Ends 26 November**

Provide your name for a chance to **WIN** a **YETI Cooler!**

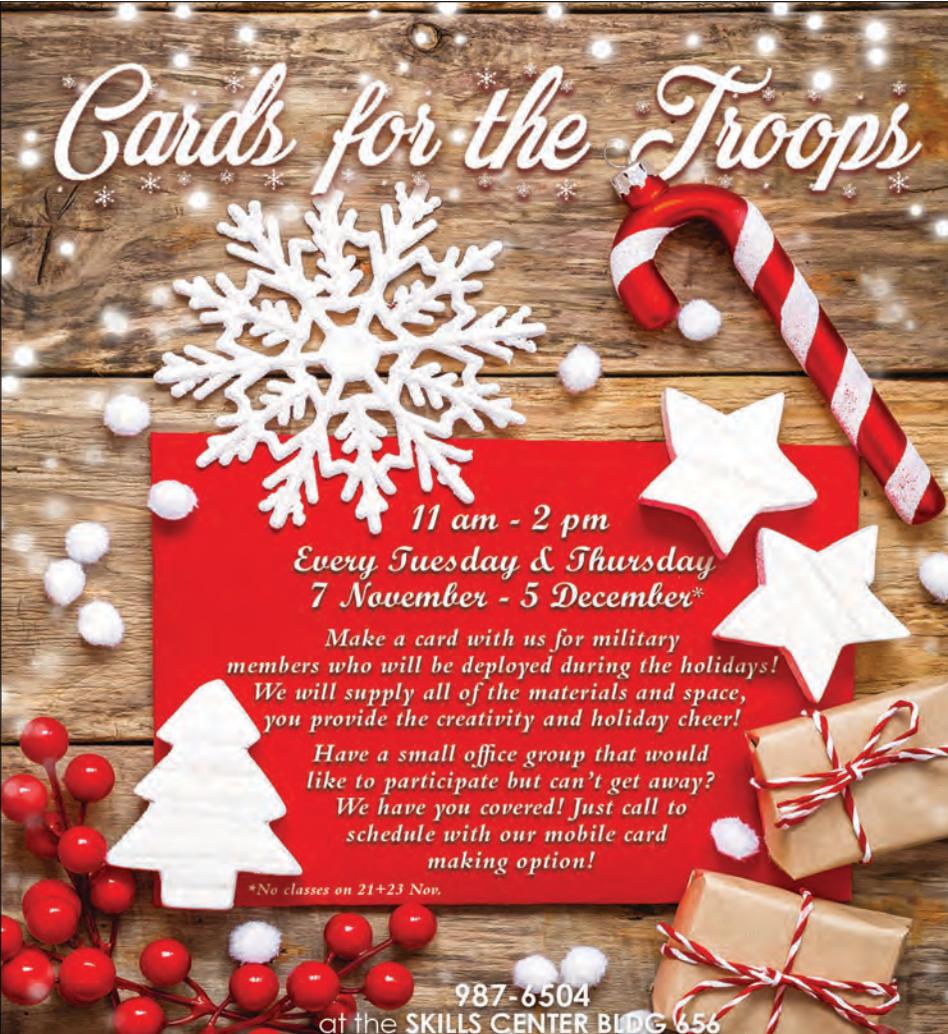


LITTLE ROCK AIR FORCE BASE

FORCE SUPPORT SQUADRON

987.3231

# Cards for the Troops



**11 am - 2 pm**  
*Every Tuesday & Thursday*  
**7 November - 5 December\***

Make a card with us for military members who will be deployed during the holidays! We will supply all of the materials and space, you provide the creativity and holiday cheer!

Have a small office group that would like to participate but can't get away? We have you covered! Just call to schedule with our mobile card making option!

\*No classes on 21+23 Nov.

**987-6504**  
at the **SKILLS CENTER BLDG 656**



## **HAMMER AND BRUSH**

CRAFT CLASS SERIES

---

### **JOY YARD SIGN**

29 NOVEMBER // 5 - 7 PM // \$25  
REGISTER BY 27 NOVEMBER

Create the perfect outdoor decor sign that sends a holiday message to all passersby! Made for you, by you!

**987-6504**  
at the **SKILLS CENTER BLDG 656**

# Locals gather supplies for Puerto Rico relief efforts



U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS GRACE NICHOLS

Lourdes Rivera, 19th Airlift Wing Child Development Center employee at Little Rock Air Force Base, Ark. helped gather supplies for Puerto Rico relief efforts after Hurricane Maria. Rivera, a native of Vega Baja, Puerto Rico, moved to the United States 22 years ago when her husband, Ramon, enlisted in the U.S. Army.

**By Airman 1st Class  
Grace Nichols**  
*19th Airlift Wing Public Affairs*

Hurricane Maria was the 13th named storm, 7th consecutive hurricane, fourth major hurricane and the second category five hurricane of 2017.

Among those affected by Hurricane Maria, the residents of U.S. Territory Puerto Rico was one group who experienced the devastation. The destruction left the inhabitants in need of shelter, food, water, medical care and other essentials.

Lourdes Rivera, 19th Airlift Wing Child Development Center employee at Little Rock Air Force Base, wanted to do her part to help. Rivera, a native of Vega Baja, Puerto Rico, moved to the United States 22 years ago when her husband, Ramon, enlisted in the U.S. Army.

The Rivera's families remained in Puerto Rico and were there when hurricane Maria hit.

"When I heard the news about the hurricane, I told my husband 'I need to go

help,'" Rivera said. "But I realized that without electricity and water, I was just going to make it harder on them by being there."

Knowing she couldn't be there in person, but still wanting to help in any way she could, Rivera team up with a local group, Puerto Ricans in Arkansas, to ask the community for donations of water, hygiene supplies and other basic necessities.

"We asked for donations on a Friday and by that Monday we had three collection boxes," said Izzy Santiago, Puerto Ricans of Arkansas administrator. "We passed the information about it on to anyone and everyone we could."

With the help of local news agencies and the community, the group collected more than 40,000 pounds of donations.

"We couldn't do anything here, we were helpless," Santiago said. "That was the drive to get donations and do what we could to send items back home."

The supplies will be sent to Puerto Rico in less than a month, and Rivera will fly out to help aid the community and distribute supplies.

"As Puerto Ricans, from the time we're born we're taught that family is the most important thing," Santiago said. "We have a strong sense of community and family; we would give the shirt off our backs for someone who needed it."

While there are multiple ways to assist with relief efforts in Puerto Rico; the United States Agency for International Development, USAID, has been responsible for much of the aid to Puerto Rico

and other areas affected by the recent hurricanes.

USAID operations are subject to the foreign policy guidance of the President, Secretary of State and the National Security Council. USAID operates in Africa, Asia, Latin America, the Middle East and Eastern Europe.

For those interested in financially contributing to the relief efforts through USAID, contact (703) 601-3854.

**CHOPSTICKS  
INTERNATIONAL  
EVENT CENTER**

Holiday Parties, Weddings, Receptions, Meetings,  
Wireless Internet, Wheelchair Accessible

For Reservations Call  
**Jolly Seedtbood**  
501-743-6803  
[www.chopsticksevents.com](http://www.chopsticksevents.com)  
201 W. Main Jacksonville

## 2017 MODEL CLEARANCE

<p><b>2017 HONDA ACCORD SEDAN</b></p>  <p><b>0.9%</b> for 60 mos. or <b>1.9%</b> for 72 mos.</p> <p><b>\$1,500</b> DEALER CASH AVAILABLE</p>	<p><b>2017 HONDA ACCORD COUPE</b></p>  <p><b>0.9%</b> for 60 mos. or <b>1.9%</b> for 72 mos.</p> <p><b>\$1,750</b> DEALER CASH AVAILABLE</p>
---	---

<p><b>2017 HONDA ACCORD HYBRID</b></p>  <p><b>0.9%</b> for 60 mos. or <b>1.9%</b> for 72 mos.</p> <p><b>\$1,750</b> DEALER CASH AVAILABLE</p>	<p><b>2017 HONDA PILOT</b></p>  <p><b>0.9%</b> for 60 mos. or <b>1.9%</b> for 72 mos.</p> <p><b>\$500</b> FINANCE CASH AVAILABLE</p>
--	---

<p><b>2017 HONDA FIT</b></p>  <p><b>\$750</b> Dealer Cash Available</p>	<p><b>2018 HONDA FIT</b></p>  <p><b>0.9%</b> for 36 mos. or <b>1.9%</b> for 60 mos.</p>	<p><b>2017 HONDA HRV</b></p>  <p><b>\$750</b> Dealer Cash Available</p>
--	--	--

Disclaimer: Restrictions may apply. See Dealer for details. W.A.C. Must finance through AHM.

**#1 Russell Honda\*** *Family Owned!  
Family Values*

\*Arkansas' 1st Honda Dealership [www.russellhonda.com](http://www.russellhonda.com)  
501-835-8996

## Master of Science in Operations Management



**Program Highlights:**

- Complete the program in 1-2 years
- Only 10 courses
- Evening or online classes
- Begin ANY term
- Five terms per year
- Accelerated 8-week terms
- Enter with any undergraduate major
- Open to civilian and military personal



**UNIVERSITY OF ARKANSAS**  
THE YOU OF A

Sharon Garner | Visit us online at | (501) 988-2522  
msomlr@uark.edu | msom.uark.edu | or (501) 988-2523

**Little Rock Air Force Base**

# LRAFB HONORS VETERANS



U.S. AIR FORCE PHOTOS BY AIRMAN 1ST CLASS KRISTINE M. GRUWELL

Col. Gerald Donohue, 19th Airlift Wing commander, and 19th AW staff agencies lead the Veterans Day run Nov. 9, 2017, at Little Rock Air Force Base, Ark. Team Little Rock conducted a formation run and Retreat ceremony in honor of Veterans Day.

The Little Rock Air Force Base Honor Guard members fold the American Flag during a Veterans Day ceremony Nov. 9, 2017, at Little Rock Air Force Base, Ark. The flag folding ceremony was held as a remembrance of the service and sacrifice of our nation's veterans. Veterans Day was originally known as Armistice Day, which was the day that a cease-fire was reached ending World War I.

# CHURCH DIRECTORY

**INCREASE YOUR BUSINESS!!**  
**ADVERTISE IN**  
**Combat Airlifter**  
**982-9421**

**NORTH LITTLE ROCK FIRST UNITED METHODIST CHURCH**  
 6701 John F. Kennedy Blvd.  
 North Little Rock, AR 72116  
 Church Office: 835-2201

Contemporary Worship.....9:00 a.m.  
 Sunday School.....10:00 a.m.  
 Sanctuary Worship.....11:00 a.m.  
 Wednesday Chapel Service.....6:30 p.m.  
 Children/Youth.....6:30 p.m.  
<http://NLRFUMC.org>

**1st Pentecostal Church**  
 East I-40, NLR

Sun. 10:30 a.m. & 7 p.m.; Tues. 7:30 p.m.  
**J.N. Holmes**  
**(501) 758-3090**

**ABUNDANT LIFE Family Worship Center**  
 100 Southeastern Ave., Jacksonville  
**501-241-0210**

*A fellowship of Christian believers devoted to spreading the Gospel of Jesus Christ!*

**SERVICES**

Sunday School..... 10 am  
 Morning Worship Service ..... 11 am  
 Children's Church..... 11 am  
 Bible Study-Wednesday.....7:30 pm  
*We Provide Transportation*

**North Pulaski United Methodist Church**  
 10 Kelso Rd - Gravel Ridge

3 Miles South of LRAFB Back Gate

Sunday Worship 9:30 AM  
 Sunday School 10:45 AM  
 Thursday Worship 6:00 PM

**Come Make a Difference with Us**  
 (501) 835-1368  
[www.northpulaskiumc.com](http://www.northpulaskiumc.com)

**McArthur Drive CHURCH of CHRIST**

Just outside the base gate! Take a right on Marshall and immediately take a left on McArthur.

Sundays: 9:30, 10:30, 5pm  
 Wednesdays: 7pm

**1807 McArthur Dr.**  
**(501) 982-6413**  
[www.mcarthurdrcoc.com](http://www.mcarthurdrcoc.com)

**First United Methodist Church**  
 308 W. Main • Jacksonville

8:45 AM Sunday School (For all ages)  
 9:50 AM Blended Worship Service (Come as you are!)

Please join us!  
 Nursery provided

[www.Jacksonvilleumc.org](http://www.Jacksonvilleumc.org)  
**(501) 982-8176**

**We Invite You to Worship with Us**

**St. Stephen's Episcopal Church**

2413 Northeastern Avenue  
 Jacksonville, Arkansas  
**501-982-8701**

Sunday 8:00 AM & 10:30 AM  
 Wednesday, 6:30 PM

**Bible Baptist Church**

3301 North First Street  
 Jacksonville, AR  
 501-982-8826  
 Dr. Mike Files, Pastor

"A Fundamental, Independent Baptist Church"

Bible Study 9:30 a.m.  
 Sunday Morning 10:40 a.m.  
 Sunday Evening 6:00 p.m.  
 Wednesday 6:30 p.m.

Home of: Jacksonville Christian Academy, Bethel Baptist College and Camp Hope for Children.

**HOPE LUTHERAN CHURCH & SCHOOL LCMS**

Worship Times  
 Sunday 10:00 am  
 Bible Class 9:00 am  
 Wednesday 7:00 pm

Pre-K Program  
 Church: 982-1333 School: 982-8678  
 1904 McArthur Dr. • Jacksonville

Pastor Rod Loy

**Weekend Services**  
 Saturdays at 5:00 P.M.  
 Sundays at 8:30, 10:00 & 11:30 A.M.  
 Sunday Nights at 6:00 P.M.

**Wednesdays**  
 Midweek Service at 7:00 P.M.  
 Reality Student Ministry Middle School at 6:30 P.M.  
 High School at 7:30 P.M.

4501 Burrow Drive  
 North Little Rock  
 501.758.8553  
 FirstNLR.com

Watch Online at FirstNLR.tv

VTN Channel 25  
 Sundays at 2:00 P.M.  
 FOX 16  
 Sundays at 7:30 A.M.

**It's A Bible Teaching Church**  
*Jacksonville Baptist Temple*  
 Home of Temple Baptist Academy & Preschool

MORNING SERVICE ... 10 & 11 AM **Now Enrolling**  
 EVENING SERVICE..... 6 PM  
 WEDNESDAY SERVICE..... 7 PM

Ted Patterson, Pastor

Welcome!

520 Marshall Rd.  
 Jacksonville  
 501-982-6433

**IMMANUEL FAMILY WORSHIP CENTER**

**Bishop Ricky D. Allen, Senior Pastor**

201 Allen Ln. • Jacksonville • 982-8789

**Opportunities for Worship:**  
**Sunday Prayer: 9:00 AM**  
**Sunday School: 9:30 AM**  
**Morning Worship: 11:00 AM**  
**Mid Week Pastoral Teaching Wednesday: 6:30 PM**  
**"SHARE THE EXPERIENCE"**

"Experiencing wholeness through the glorious gospel of Jesus Christ."

# 5 tips to keeping holiday healthy

**By Airman 1st Class Codie Collins**  
19th Airlift Wing Public Affairs

Holiday season is approaching and between parties and family gatherings, keeping your plate healthy can be tricky. Here are five steps to ensure all the extra stuffing is reserved for the turkey.

**Bring healthy dishes to parties.**

Are you worried the event you will be attending will be overflowing with greasy foods? Bring a fruit or vegetable platter to ensure you have a healthy option to snack on, rather than jumping on the gravy boat.

For those who have questions on what is considered unhealthy, Health Promotions (previously known as the Health and Wellness Center) offers free appointments with a registered dietitian.

**Stay Active during the holidays.**

As the weather gets colder, people tend to “hibernate” in their homes. Don’t let yourself fall into this pattern! Health Promotions offers Vital 90, a high-intensity, group fitness program held at the fitness center. Classes are held at various times of the day, making it more accessible to fit into any busy schedule.

**Manage portion sizes of food.**

It’s not rocket science that less food fits on a smaller plate. In one study conducted at the Food and Brand Lab at Cornell University, even nutrition experts served themselves 31-percent more ice cream when using oversized bowls compared

with smaller bowls. By using the small plate method, you limit your intake based on the fact that the food physically cannot fit on the plate.

“Being nutritionally fit is like preventative maintenance,” said Jill Hinsley, 19th Aerospace Medicine Squadron registered dietitian. “Your body acts like a machine. The type of nutrition you put into your body is going to directly relate to the output. If you put junk into your system you’re going to get junk out.”

Drink a full glass of water before every meal.

According to a 2008 study published in the Journal of the American Dietetic Association, drinking a couple glasses of water 20-to 30-minutes before eating reduces caloric intake by as much as 75 calories. Water can make your stomach feel full. If you drink water before lunch and dinner every day, you could potentially reduce your caloric intake by 150 calories per day. In one year, this can result in more than 14 pounds of weight loss.

**Eat a snack before you attend an event.**

Arriving to an event on an empty stomach may encourage you to consume more than normal. By consuming a small, healthy snack, you are less likely to indulge.

For more information on Health Promotions, visit them at the fitness center or call (501) 987-7288.

## Holiday Health Tips

1. Bring healthy dishes to parties
2. Stay active during the holidays.
3. Manage portion sizes of food.
4. Drink plenty of water.
5. Eat a small snack before you attend an event so you consume less when you are there.

U.S. AIR FORCE GRAPHIC BY AIRMAN 1ST CLASS CODIE COLLINS

Holiday season is approaching and between parties and family gatherings, and eating healthy can be tricky. Ensure all the extra stuffing is reserved for the turkey.

**HOLIDAY**  
**Craft & Gift SALE**

**FRIDAY, NOVEMBER 17 • 2PM - 8PM • SATURDAY, NOVEMBER 18 • 9AM - 4PM**  
*Jacksonville Community Center*

Purchase original works of art and unique gifts from Arkansas artists and vendors from surrounding areas. Handmade creations include woodwork, paintings, jewelry, holiday décor and more. Concessions available. Handicap accessible.

Admission is \$2 for adults, \$1 for children ages 12 - 18 or bring a NEW, UNOPENED, UNWRAPPED toy in support of our Annual Toy Drive to get in the Craft Sale for FREE.

#5 Municipal Dr. Jacksonville 501.982.4171 • www.cityofjacksonville.net

**The SHIPPING OFFICE**  
FEDEX/UPS Authorized Shipping Outlet  
**SERVICE**

*Building A Name  
It's Not What We Do,  
It's How We Do It!*

**QUALITY COLOR COPIES • LAMINATING**  
**DEPENDABLE WORLD CLASS SHIPPING**

- COPIES
- SHIPPING
- STAMPS
- BINDING
- PACKAGING
- OVERNIGHT
- OFFICE SUPPLIES
- PASSPORT PHOTOS
- MAIL SERVICE
- FAX
- PACKING SUPPLIES
- NOTARY SERVICE

*Let us help you with copies & faxes.*

**We have more services!**

**The SHIPPING OFFICE**

909 W. Main • Jacksonville • 982-2425  
(Close to Hastings)  
OPEN 9-6 MON-FRI • 10-3 SAT. • CLOSED SUNDAY

*Thank You For Your Business!*



U.S. AIR FORCE PHOTO BY AIRMAN RHETT ISBELL

Senior Airman Derick Cox, 61st Airlift Squadron aviation resource manager, Senior Airman Luis Arroyo and Staff Sgt. Matthew Morgridge, 61st AS loadmasters, watch a Little Rock Air Force Base C-130J perform low altitude combat maneuvers, Nov. 7, 2017, over Canadian countryside. The aircraft flew over water terrain at low-altitude to help train the aircrew in deployment conditions.



U.S. AIR FORCE PHOTO BY STAFF SGT. JEREMY MCGUFFIN

Royal Canadian Air Force Sergeant Steve Peacock, 8 Wing Trenton Combat Aerial delivery support section, works to free a large parachute from trees after it had missed its target at Canadian Forces base Trenton in Ontario, Canada, Nov. 6, 2017. The large Container Delivery System had just missed the target and the high winds dragged it into the nearby woods.



U.S. AIR FORCE PHOTO BY STAFF SGT. JEREMY MCGUFFIN

Senior Airman Jordan Speedy, 41st Airlift Squadron loadmaster, and Royal Canadian Air Force Sergeant Perter Larue, 2 Air Movement Squadron NCO in Charge of tactical operations, load Container Delivery System bundles on a Little Rock AFB C-130J at Canadian Forces base Trenton in Ontario, Canada, Nov. 6, 2017. The size and weight of the CDS's vary to simulate different loads the aircraft might carry.

# CANADIAN INTEGRATION

## Expanding Combat Airlift

STORY BY AIRMAN RHETT ISBELL, 19TH AIRLIFT WING PUBLIC AFFAIRS

The 41st Airlift Squadron along with Airmen from the 61st Airlift Squadron and the 19th Airlift Wing joined the Royal Canadian Air Force at Trenton Air Force Base in Ontario, Canada for two-weeks of cold weather pre-deployment training.

The RCAF and members of Team Little Rock, which included four aircraft and 72 personnel, built tactical airlift and enhanced their mission readiness in an expeditionary scenario to better prepare for future combined operations around the globe.

“We approached this exercise differently than any other that I’ve seen before,” said Lt. Col. Bret Echard, 41st AS commander. “We requested members of different squadrons to come with us to give them some extra training and to train with the same team members we’re going to deploy with.”

Having early integration as a priority for deployments didn’t stop at taking extra team members with them. The 41st AS also offered Little Rock Airmen the opportunity to integrate with Royal Canadian Air Force Airmen, while keeping up a free flow of information between the two countries armed forces.

“It was great to work with the Canadi-

ans and everyone involved got something out of this trip,” said Staff Sgt. Josh Daigle, 19th Operations Support Squadron instructor loadmaster. “Everything they did looked a little different compared to ours, so we had to make sure we communicated effectively to accomplish the mission.”

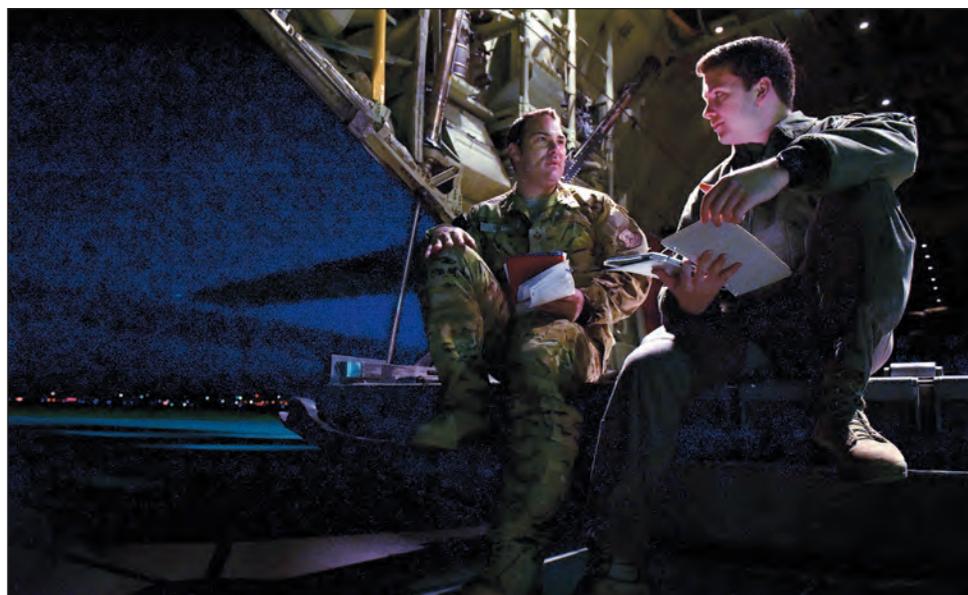
Loadmasters trained to accomplish distinctive learning objectives and complete the ones they had set out to be certified on. Some of those were reverse taxi, low speed and low altitude air drops and oversized, heavyweight cargo.

This training simulated Team Little Rock operating in a dynamic environment in friendly, but foreign soil.

“A lot of us learned how to be more flexible in our flying and how to avoid obstacles or dangers to a greater degree,” Echard said. “We’ve still got a ton to learn from the Canadians and we should do these training missions more often.”

Going north opened the door to a new theater of operations for training while building relationships across the continent.

“They were a great host and I’d really like to work with them again,” Daigle said.



U.S. AIR FORCE PHOTO BY STAFF SGT. JEREMY MCGUFFIN

Staff Sgt. Nate Pratt and Senior Airman Garrett Cornett, 61st Airlift Squadron loadmasters, go over their pre-flight checklists prior to a night mission here at Canadian Forces base Trenton in Ontario, Canada, Nov. 7.



U.S. AIR FORCE PHOTO BY STAFF SGT. JEREMY MCGUFFIN

A Royal Canadian Air Force C-130H tosses out colored banners to gauge wind drift and speed before dropping practice emergency bundles during training at Canadian Forces base Trenton in Ontario, Canada, Nov. 6, 2017. The 41st AS, 61st AS and 19th Aircraft Maintenance Squadron Airmen were invited by the Royal Canadian Air Force to validate and build U.S.- Canadian tactical airlift interoperability with expeditionary scenarios.



U.S. AIR FORCE PHOTO BY STAFF SGT. JEREMY MCGUFFIN

Multiple Carrier Delivery System (CDS) bundles are dropped out of the back of the C-130J during low altitude low speed training here at Canadian Forces base Trenton in Ontario, Canada, Nov. 7, 2017.



U.S. AIR FORCE PHOTO BY STAFF SGT. JEREMY MCGUFFIN

Airman 1st Class Brittany Deberry, 41st Airlift Squadron loadmaster, guides a Canadian crane truck onto a Little Rock Air Force base C-130J at Canadian Forces base Trenton in Ontario, Canada, Nov. 7, 2017.

# Team Little Rock explores Native American culture

By Airman 1st Class Grace Nichols  
19th Airlift Wing Public Affairs

Arkansas' first inhabitants knew well the rich resources and beauty of the land which has earned the name The Natural State. The Native Americans who occupied the region fished its rivers and lakes and hunted its forest and lands - just as we can today.

In appreciation of Native American Heritage Month, 12 Team Little Rock members visited Petit Jean State Park Nov. 3, 2017, a trip hosted by the 19th Airlift Wing Military Equal Opportunity Office. The group explored parts of the park believed to have historical value to Native American history and culture.

"Events like this are important because they give reminders of heritage and inform and educate people who may not be familiar with a particular culture," said Staff Sgt. Joshua Wilson, 19th AW MEO office advisor.

A park ranger guided the group on a hike to Rock House Cave, a formation of rocks stacked upon each other with artwork from Native American's visible on them.

Archaeologists believe the ancient artwork is more than 1,000 years old, according to Matt Manos, Petit Jean State Park interpreter.

Although the paintings have faded with time, they are well-preserved and still visible with the use of a flashlight.

"Knowing where you come from is important," said Senior Airman Letyraial Cunningham, 19th Civil Engineer Squadron engineering journeyman and Native American Committee member. "Bringing awareness to the Native American culture, traditions and who we are has always been important to me."



U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS GRACE NICHOLS

Service members begin the trip to Rock House Cave during a trip to commemorate Native American Heritage Month Nov. 3, 2017, at Petit Jean State Park, Ark. The group explored parts of the park believed to have historical value to Native American history and culture.

The group spent several hours exploring the area, learning about the impact the Native American's had and still have in Arkansas culture. For more information about activities in the Natural State, visit Arkansas.com.



Matt Manos, Petit Jean State Park interpreter, explains the different paintings seen in the Rock House Cave to service members trip to commemorate Native American Heritage Month Nov. 3, 2017, at Petit Jean State Park, Ark. Manos guided service members on a hike to Rock House Cave, a formation of rocks stacked upon each other with artwork from Native American's visible on them.

For more information about special observance events, contact the 19th AW MEO office at (501) 987-8629.



**EXTRA MOST BESTEST**

**80% MORE PEPPERONI THAN OUR CLASSIC**

**MOST CHEESE MOST PEPPERONI BEST PRICE**

**25% MORE CHEESE THAN OUR CLASSIC**

**JUST \$1 MORE THAN OUR CLASSIC**

**Little Caesars**

<b>JACKSONVILLE</b> 1317 T.P. White Dr 985-1115	<b>SHERWOOD</b> 3115 E. Kiehl Ave. 392-0344	<b>CABOT</b> 903 W. Main 843-8585	<b>INDIAN HILLS</b> 7127 JFK Blvd. 834-8300
---	---	---	---

**ASU**

**ARKANSAS STATE UNIVERSITY BEEBE**

HEBER SPRINGS • LRAFB • ONLINE • SEARCY

**ENROLL NOW! EVERYONE Welcome!**

**8-WEEK COURSES TO ACCELERATE YOUR DEGREE!**

- \* All classes offered to the public
- \* Veteran friendly
- \* Easy access just off of Hwy. 67-167
- \* CLEP & DANTES Testing Center

**Affordable classes!**  
Our tuition rate is less than \$100 per credit hour!

#ASUBeebe 501-988-4151 | www.ASUB.edu

**2017**

**WINTER WONDERLAND &**  
 (PRESENTED BY THE AIRMAN & FAMILY READINESS CENTER)

**CHRISTMAS TREE LIGHTING**  
 (PRESENTED BY THE LITTLE ROCK AIR FORCE BASE CHAPEL)



**5:30 PM NOVEMBER 28**

**WALTERS CENTER**

**RAIL & SPRUE Hobbies**  
*THE HOBBYISTS PLAYGROUND!*  
 Plastic Models- N, HO, O, Trains  
 Authorized Lionel Dealer  
 1200 John Harden Drive, Jacksonville  
 One Mile South of WAL-MART  
**(501) 982-6836**  
 10 am - 6 pm • Closed Sunday & Wednesday



Join the world's largest  
 Veterans Service Organization   
 The American Legion  
**Michael Vann Johnson Jr. Post and Unit 74**  
 Post meets the 1st Saturday at 9:30 AM  
 Unit meets the 1st Saturday at 11:30 AM  
 821 Magnolia St., North Little Rock  
 www.arlegionpost74.com  
 501-374-9002



  
**SCHOLL LAW FIRM**  
 PLLC  
 www.TheSchollLawFirm.com  
 501-588-3356

Scott A. Scholl is a veteran and an experienced attorney providing a wide array of legal services to servicemembers and their families, with civilian and military matters. Reduced fees to members of the military and their family members.

# Recent accidents call for safety reminder for drivers

The 19 SFS Defenders have recently experienced an alarming increase of vehicle accidents at our gates. We would like to remind everyone to increase their awareness while on the road. The holiday season is upon us and traffic will significantly increase once it is in full swing, meaning the chance for accidents will also increase.

When entering the installation, be sure to stop before retrieving your identification, and be sure to put it away before continuing onto base.

Four of our recent accidents were, in part, due to the driver's fumbling to put away their identification while driving. This distracted

driving resulted in them striking our security measures around the gate.

We are also experiencing multiple constructions zones, both near the gate as well as within the main areas on base. These zones can pose significant hazards to drivers as well as construction workers and we have had several close calls. In such zones, be sure to remain within the speed limit and that all functions of the car such as windshield wipers, defrosters, lights, etc., are in working order.

We want to ensure that everyone arrives safely to their destination and places safety as a top priority, and we know you do as well.

## ESTATE CLAIM

ATTN ALL PERSONNEL: Col. Gerald Donohue, 19th Airlift Wing Commander, regrettably announces the death of Senior Airman Michael D. Lusk, 19th Aircraft Maintenance Squadron. Anyone having claims against or indebtedness to the estate of Senior Airman Lusk should contact 2d Lt Isaac Hood, 19th Aircraft Maintenance Squadron, at (501)-987-7945 or isaac.hood.1@us.af.mil.



### Ms. Cindy's Sewing Room

80 MUNICIPAL DRIVE • JACKSONVILLE • 501-743-8658

WE'VE MOVED!

Same Great Service  
& A Whole Lot More!



- ✓ Alterations
- ✓ Custom Embroidery
- ✓ Sewing Projects
- ✓ Decals
- ✓ Quilting
- ✓ Heat Transfer

We offer:  
Pick-up, Delivery &  
On-Site Measurements  
for Groups

HOURS: MON.-FRI. 9 AM-6 PM • SAT. 9 AM-4 PM  
Extended Hours Available • Appointments Available



## ANGELA GRAY D.D.S.

FAMILY DENTISTRY, INC.

Love Your Smile!



- General Dentistry for Adults & Children
- Root Canals • Bridges • Crowns • Partials • Veneers

Most insurances accepted including TriCare & ARKids

2650 John Harden Dr., Suite G • Jacksonville, AR  
501-982-4729 (Gray)  
Open Tues.-Fri. 8:30 a.m. - 4:30 p.m.

# GUNSHOW

NOV. 18 & 19, 2017

## SEARCY, AR

White County Fairgrounds

Saturday 11/18, 9am-5pm  
& Sunday 11/19, 9am-4pm

Admission \$7.00

Conway, AR  
Conway Expo Center  
Dec. 2 & 3, 2017

G and S

\$1 OFF

Admission Fee

\* \$1 off admission for all Active Duty & Retired Military w/ID.  
Like us on Facebook: [www.facebook.com/gandspromotions](http://www.facebook.com/gandspromotions)

Guns  
Knives  
&  
Ammo

Large Selection  
of New & Used  
Rifles, Shotguns  
& Handguns!

Coupon Good  
11-18 & 11-19  
Searcy Shows Only

G&S Promotions 918-659-2201  
[gandsgunshows.com](http://gandsgunshows.com)

Let Our  
Newspaper  
Go To Work  
For You!

ADVERTISE  
In

## Combat Airlifter



FOR MORE  
INFORMATION CALL  
982-9421

# We've been saluting the Military since 1936.

Thank you for serving.  
Now let us serve you.

## Robert Reed

4509 John F Kennedy Blvd | North Little Rock  
P: 501-771-0078

# GEICO

Local Office



Some discounts, coverages, payment plans and features are not available in all states or all GEICO companies. GEICO is a registered service mark of Government Employees Insurance Company, Washington, D.C. 20076; a Berkshire Hathaway Inc. subsidiary. ©2017 GEICO. GEICO Gecko logo © 1999-2014. © 2014 GEICO