

# Holiday Safety

## Slips and Falls

#### **AMC MISHAP TRENDS**

- Over the last 3 (FY23-25) winter seasons AMC sustained **48 slips, trips, & fall mishaps**:
- Results 565 Days affecting work and over \$191,241.00 dollars in Readiness costs.
- Our most severe mishap involved a member dismounting a tactical vehicle and striking the ground

### **SAFETY TIPS**

- Remove snow/ice from walkways
- Spread deicer (salt) after winter weather
- Wear proper footwear (insulated/water resistant)
- Avoid outdoor stairs, driveways, and other hilly terrains



#### **DID YOU KNOW?**

Slipping on ice/snow is the leading cause of injuries in the Winter. Common injuries include wrist, hip, and ankle fractures, as well as sprains and head injuries.