

Who We Are

The New Parent Support Program (NPSP) has a registered nurse and counselors available to help expectant and experienced parents with children up to the age of 3. NPSP is free to TRICARE beneficiaries and is provided in convenient home or office visits!



Community Referrals:

Airmen and Family Readiness Center:

501-987-2667 "Bundles for Babies"- Attend and receive a FREE package full of infant necessities.

WIC: 501-982-7477 Nutritional & Breastfeeding support/classes. Some families may qualify for food vouchers.

Family Advocacy: 501-987-7377

DADs: The Basics, Love & Logic: Parenting Class, Anger and Stress Management

Supporting Healthy Communities

Little Rock AFB New Parent Support Program

We can provide information and support on many topics:

- Pregnancy
- Labor and delivery
- Lactation Services
- Adjustment to parenthood
- Infant/toddler care
- Growth and Development
- Breastfeeding
- Nutrition/feeding
- Play activities
- Infant massage
- Sleep issues
- Discipline/temper tantrums
- Toilet training
- Childproofing
- Empathy Belly
- Community Referrals



Follow us on **Facebook** for more information and helpful resources!



Family Advocacy

19 OMRS/SGXW
1090 Arnold Drive
LRAFB, Arkansas 72099

(501) 987-7377

Felicia Saenz, RN, MSN
Family Advocacy Nurse

