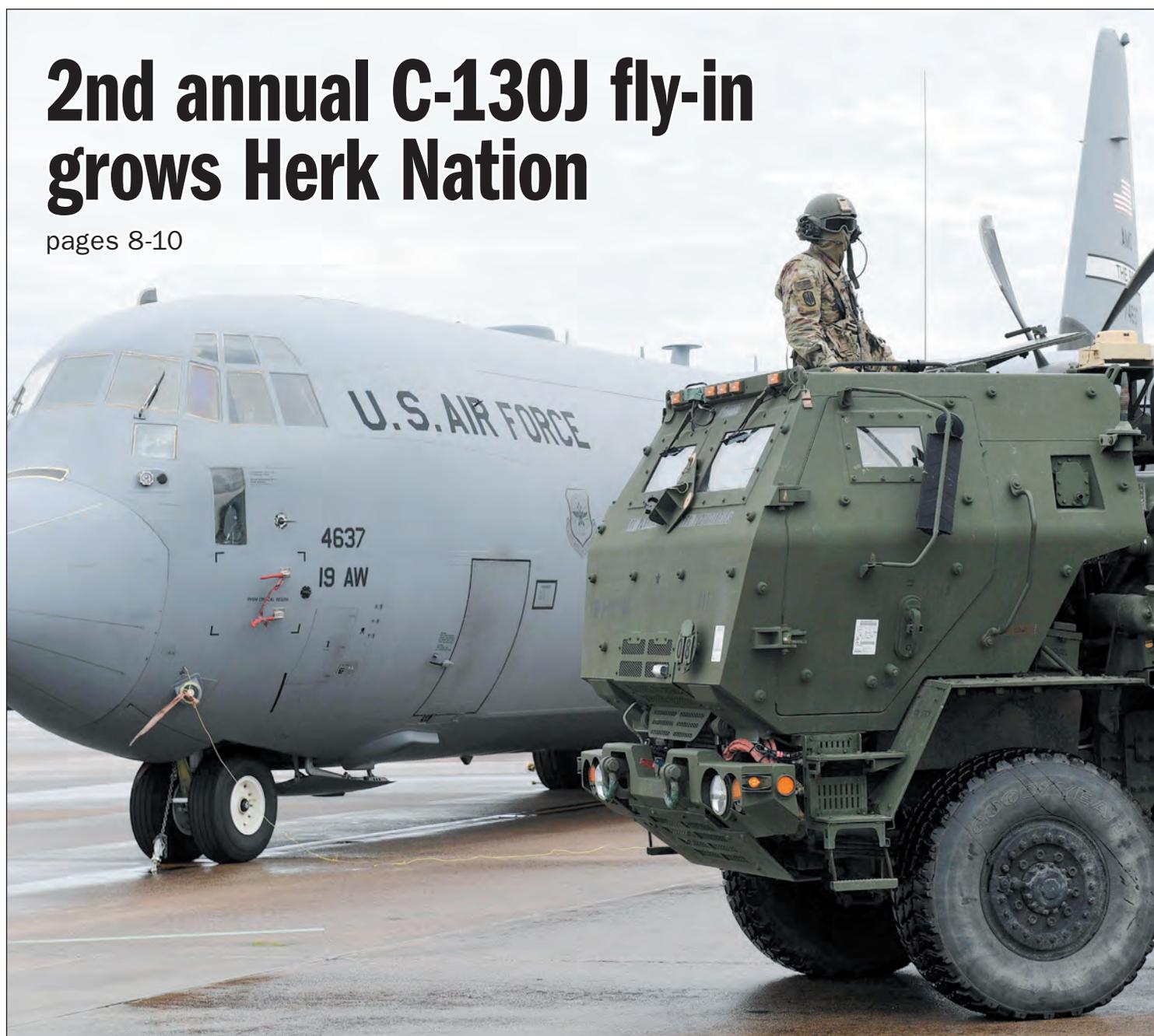




Combat Airlifter

2nd annual C-130J fly-in grows Herk Nation

pages 8-10



U.S. AIR FORCE PHOTO BY SENIOR AIRMAN RHETT ISBELL

U.S. Army Staff Sgt. Shaun Pinheiro-Pires, 321st Field Artillery Regiment M142 High Mobility Artillery Rocket System launcher chief, awaits direction to load HIMARS onto a C-130J at Little Rock Air Force Base on March 12. The U.S. Army routinely conducts exercises with the U.S. Air Force to increase effectiveness and joint operations.



19TH AF COMMANDER EXPERIENCES

314TH AW INNOVATIONS

U.S. Air Force Maj. Gen. Patrick Doherty, 19th Air Force commander, visited the 314th Airlift Wing to gain firsthand insight in the way the wing integrates innovation within training on March 7 at Little Rock Air Force Base.

PAGE 5



EXERCISE NOTICE

Due to the upcoming exercise, some organizations hours will be temporarily changed.

PAGE 13



TLR AIRMEN TAKE ON ALPHA

WARRIOR BATTLE RIG

Team Little Rock Airmen learned how to properly use the Alpha Warrior Battle Rig.

PAGES 12-13

New office locations

Team Little Rock is taking a broad, deliberate approach to position staff to respond to Airmen when and where they need it, and to help ensure Airmen get the best, most efficient care possible. Please see below for movements of personnel and helping agencies across the base.

NEW LOCATION Bldg. 1260

- Inspector General
Bldg. 1250
- Public Affairs
Bldg. 1240

- Director of Staff
- Equal Opportunity
- SAPR
- Special Victims' Counsel

Walters Community Support Center Bldg. 940

- Welcome Center
- Community Support Coordinator
- Violence Prevention (Green Dot)

For the most current information, Airmen and their families are encouraged to download the Little Rock AFB App or visit www.littlerock.af.mil

Commanders, senior raters to select IDE attendees

By Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) — Beginning with the 2019 Developmental Education Designation Board, wing commanders and some senior raters will be able to select one Line of the Air Force officer per academic year to attend Intermediate Developmental Education in residence.

Wing commanders and senior raters will also continue to nominate up to 30 percent of their eligible LAF officers to compete for the service's remaining in-residence slots at the DEDB.

"Our processes for managing talent must be agile and responsive to the Air Force and our Airmen's needs," said Lt. Gen. Brian Kelly, deputy chief of staff for manpower, personnel and services. "The commanders who work with and know their Airmen best will

be empowered to identify the Airmen who deserve this development opportunity. They will identify the right Airmen to lead the force into the future."

Each wing, Numbered Air Force, Air Force Materiel Command center, combatant command and major command commander will be able to select one eligible LAF officer to "definitely attend" IDE in residence

each academic year. In addition to these commanders, leaders of Air Staff directorates, senior materiel leaders and senior raters above the wing level with at least 20 eligible LAF candidates will also be able to select one officer.

Airmen who were identified as "school selects" by previous LAF promotion boards to the rank of major, still require a nomination from their senior rater to compete at the DEDB, but are guaranteed the opportunity to

"The decision to separate school selection stemmed from inputs from the field and discussions with wing commanders about how we continue to improve joint warfighting excellence."

attend IDE in residence.

The Air Force separated school selection from the promotion process for LAF officers in 2017.

"The decision to separate school selection stemmed from inputs from the field and discussions with wing commanders about how we continue to improve joint warfighting excellence," said Air Force Chief of Staff Gen.

David L. Goldfein. "This is about lethality. Winning in combat starts with great leadership."

Commanders and senior raters are directed to consider multiple factors including job performance, experience and education and innovative leadership when selecting the high-performing Airmen from their unit that will attend IDE in residence.

All of the Airmen nominated, whether chosen as a definitely attend Airman or nominated to meet the DEDB, will meet the Air Force's Central Professional Military Education Board to be ranked in order of merit, then matched to schools during the Schools Match Board.

These changes will only impact LAF officers competing to attend IDE. Functional managers for Air Force Medical Services, Line of the Air Force—Judge Advocate and Chaplain Corps officers will continue to conduct their own selection processes and present their candidate lists for approval.

For more information on Air Force development programs, visit myPers, the Air Force Personnel Center website at <https://myPers.af.mil>.

EDITORIAL POLICY

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Content provided by 19th Airlift Wing Public Affairs
Contact 19awpaleadership@us.af.mil

COMBAT AIRLIFTER OF THE WEEK



U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS AARON IRVIN

NAME AND RANK

Airman 1st Class Joshua Calderon-Cordon

UNIT

19th Aircraft Maintenance Squadron

DUTY TITLE

C-130J aerospace maintenance journeyman

HOMETOWN

Raleigh, North Carolina

TIME IN SERVICE

2 years, 3 months

TIME AT LITTLE ROCK

1 year, 6 months

GOALS

Criminal justice bachelor's degree
and crosstrain to pararescue

HOBBIES

Playing rugby and working out

AIR FORCE CORE VALUE PORTRAYED

Service Before Self

HOW DOES THE INDIVIDUAL PORTRAY THE CORE VALUE?

Airman 1st Class Calderon-Cordon constantly strives to better himself and those around him. He volunteers numerous off-duty hours each week teaching effective fitness techniques to fellow Airmen and helping them achieve their goals. He also has dedicated his time as a designated driver for the 19th Maintenance Group maintenance professional of the year banquet. He epitomizes Service Before Self.

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19th AF commander experiences 314th AW innovations

By Airman 1st Class Kristine M. Gruwell
19th Airlift Wing Public Affairs

U.S. Air Force Maj. Gen. Patrick Doherty, 19th Air Force commander, visited the 314th Airlift Wing to gain firsthand insight to the way the wing integrates innovation within training March 7 at Little Rock Air Force Base.

Doherty met with Airmen from the 62nd Airlift Squadron's innovation flight and was shown numerous innovations integrated modern technologies and solutions within the training squadron focusing not only on student instruction but instructor development as well.

Virtual reality headsets, new training videos and the Learning Next initiative offer solutions to modernize training and mission effectiveness in the way the Air Force develops Airmen throughout their careers, ultimately enhancing their lethality and readiness.

"These new technologies are increasing student exposure for less money than the way we've done it in the past," said U.S. Air Force Maj. Patrick Duffey, 62nd AS chief of innovation. "The more repetitions our students get in the safest environment possible, the more efficient they will become before they're put in a real world situation."

One of the first innovations Doherty was briefed on at Little Rock AFB was the monster garage. This allows students to participate with their instructors in hands-on training in a simulated C-130J cargo area. Instructors are able to correct and mentor student loadmasters by seeing exactly how they apply the training they've received throughout their courses.

Following the monster garage,



U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS KRISTINE M. GRUWELL

U.S. Air Force Maj. Gen. Patrick Doherty, 19th Air Force commander, uses a virtual reality training device at Little Rock Air Force Base on March 7. Doherty met with Airmen from the 62nd Airlift Squadron's innovation flight and was shown numerous innovations and integrated modern technologies within the training squadron focusing not only on student instruction but instructor development as well.

Doherty experienced the virtual reality training devices being utilized by the 314th AW. These devices let Airmen immerse themselves within the aircraft, use equipment they haven't been able to practice with in the past, and ultimately train on some of the more complex aspects of pilot and loadmaster duties.

"By our schoolhouse obtaining more virtual reality training devices than the traditional C-130 simulators, students will get more opportunities to train," Duffey said. "Unlike the simulators, loadmasters now have a way to train in an immersive, safe environment."

These and other creative approaches to learning have begun developing a new generation of Airmen whose experience will sharpen the competitive edge of strategic and tactical combat airlift.

"It's time to start converging

on the best innovations to put our money toward," said U.S. Air Force Maj. Gen. Patrick Doherty, 19th Air Force commander.

According to Doherty, the 19th AF will soon stand up an innovation cell of its own.

"Our innovation cell will be laser-focused on knowing everything that's going on out at our wings and will try to bring industry solutions easier, faster and at a cheaper price point," Doherty said.

During his visit, Doherty was able to recognize a couple key performers and encouraged innovators to experiment with new methods to improve mission effectiveness and operational efficiency.

"I need innovators thinking," Doherty said. "It's innovators like the Airmen of the 62nd AS innovation flight who propel the team forward into the next century."

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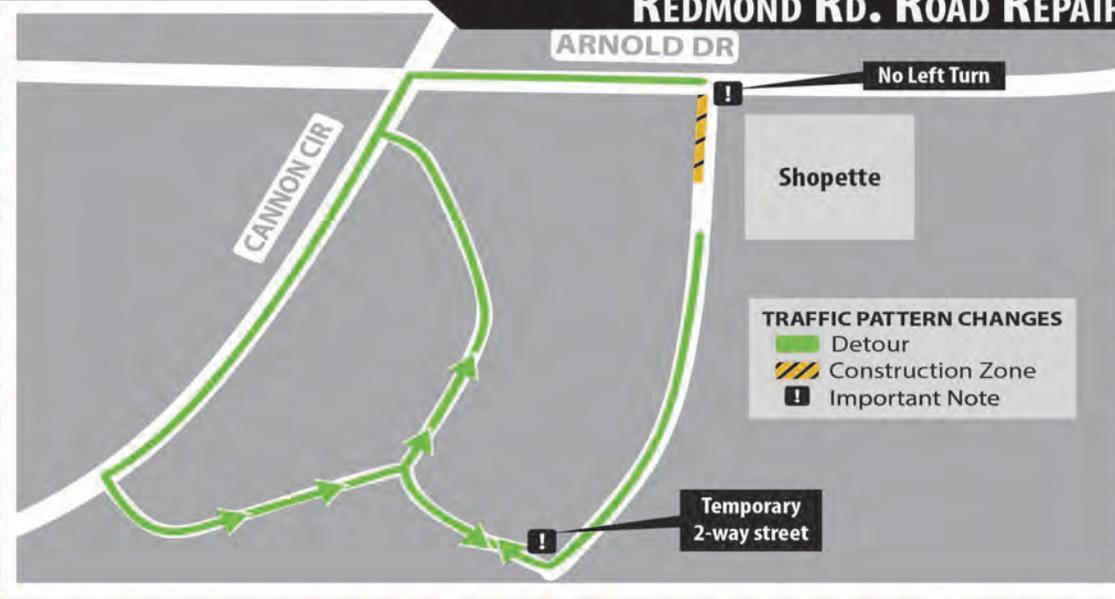
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- ▶ Estimated completion date: Monday, Mar. 25
- ▶ *Dates subject to change due to weather and unforeseen site conditions*

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The C-130J aircrew from Keesler Air Force Base, Mississippi, conducts an airdrop during the fly-in exercise at Arkansas International Airport-Byh in Blytheville on March 13. The fly-in allows for side-by-side training and increases the capability of the C-130J force to operate together cohesively in a deployed environment. (U.S. Air Force photo by Airman 1st Class Aaron Irvin)

2nd annual C-130J fly-in grows HERK NATION

STORY BY

AIRMAN 1ST CLASS KRISTINE M. GRUWELL,
19TH AIRLIFT WING PUBLIC AFFAIRS

Representatives from eight C-130J units came together to train and enhance mobility partnerships across the C-130J enterprise during the second-annual fly-in at Little Rock Air Force Base held March 9 through March 16.

The fly-in allows for side-by-side training aimed at increasing readiness and effectiveness of the C-130J force by improving

cohesive-
ness and
bolstering

the ability of units to project agile
combat airlift together downrange.

“We’re doing what we can to improve ourselves, one another and the C-130 community at large,” said U.S. Air Force Col. Gerald Donohue, 19th Airlift Wing commander. “When we train side-by-side and tackle the issues we face as a community, not only are we better for it, but we are taking the charge our senior leadership has given us to push responsibility to the lowest level and move out on solutions where appropriate. The end result is a more effective, more lethal tactical airlift capability for our nation.”

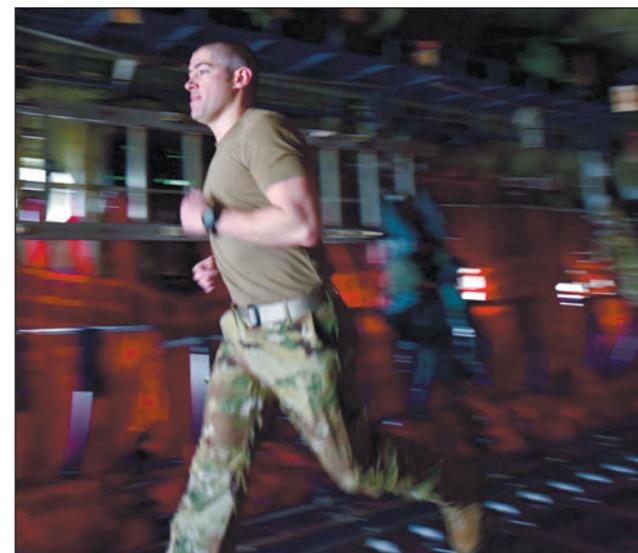
Team Little Rock was joined by units from Ramstein Air Base, Germany; Yokota AB, Japan; Channel Islands Air National Guard

See Herk, 10





U.S. AIR FORCE PHOTO BY SENIOR AIRMAN RHETT ISBELL



U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS KRISTINE M. GRUWELL

(Above) U.S. Air Force Tech Sgt. Luke Hughes, 61st Airlift Squadron instructor loadmaster noncommissioned officer in charge of training, runs inside a C-130J during the fly-in exercise at Little Rock Air Force Base on March 13. Eight C-130J units from around the globe came together to enhance mobility partnerships across the C-130J enterprise during the second-annual C-130J fly-in.

(Left)(From left) U.S. Air Force Senior Airman Kadeem Warren, 36th Airlift Squadron loadmaster, and U.S. Air Force Staff Sgt. Vincenzo Gallegos, 36th AS evaluator loadmaster from Yokota Air Base, Japan, load a M142 High Mobility Artillery Rocket System onto a C-130J during the fly-in exercise at Arkansas International Airport-Blytheville in Blytheville on March 12.

Herk

Continued from page 9

Station, California; Keesler AFB, Mississippi; and Dyess AFB, Texas. By including representatives from the U.S. Army, the training improved on interoperability between services. Throughout the week, units worked together to enhance numerous C-130 tactics such as large formation operations; heavy equipment, container delivery system and personnel airdrop; large-cargo loading; heavyweight assault landings; and sea rescue kit airdrops.

“The fly-in gives us the opportunity for our weapon system to get together with all our sister units and exchange tactics and procedures and to be interoperable,” said U.S. Air Force Maj. Christopher Dolby, 36th Airlift Squadron director of plans and operations from Yokota AB, Japan.

During the fly-in, a weapon system council brought together relevant stakeholders from across the C-130J enterprise to discuss tactics and address common concerns from within the community. They covered how units are addressing full-spectrum readiness, as well as how they are improving the C-130 deployment structure with wing-to-wing partnership. Attendees also heard from higher-headquarters representatives about the health and future of the fleet.

“While this week saw some really high-end training, it was not just about flying together,” said U.S. Air Force Col. Shane Haughian, 19th Operations Group commander. “It was about having a necessary conversation that brought together the best from each unit to really dig down into how we, as a C-130 enterprise, are getting after full-spectrum readiness. In the end, that cross-talk is invaluable.”

This team-driven training promoted problem solving at the unit level, focusing on driving the enterprise forward.

“The fly-in is important for Team Little Rock because it stresses the importance of relationship building,” said U.S. Air Force Maj. Brendan Wier, 19th Operations Support Squadron chief of tactics. “This dynamic environment creates a platform for relationships to be built so Airmen have good communication when there are changes in procedures or events they’re unfamiliar with during real-world operations.”

The fly-in was a testament to the tactical airlift capabilities of the C-130, highlighting how Combat Airlifters of all specialties enable and ensure global reach.

“With every cargo load, airdrop, takeoff and landing this week, our interoperability grew,” Donohue said. “Let this week stand as a showcase of what the Herk community brings to the fight, and also of the truly global scale on which the C-130 operates. We couldn’t be happier to foster this conversation right here at the Home of Combat Airlift.”



U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS KRISTINE M. GRUWELL

U.S. Air Force Col. Gerald Donohue, 19th Airlift Wing commander, speaks to his co-pilot before taking off during the second-annual C-130J fly-in at Little Rock Air Force Base on March 15. The fly-in allows for side-by-side training and increases the capability of the C-130J force to operate together cohesively in a deployed environment.

2019 CLEAR challenge

By Sexual Assault Prevention and Response Office,
19th Airlift Wing Public Affairs

Who has the grit to win the trophy this year? Will it be you? The Sexual Assault Prevention and Response team in partnership with the Alcohol and Drug Abuse Prevention and Treatment program and the Drug Demand Reduction office will host the courage, leadership, education, advocacy, and respect, or CLEAR, challenge obstacle course April 25 at the War Fit Pavilion. In the event of rain, the event will be held May 3.

The purpose of the CLEAR challenge is to raise awareness about the topics of sexual assault and substance abuse, to encourage bystander intervention, and to build resilience in all Airmen.

The CLEAR challenge is an obstacle course that challenges Airmen physically and mentally. Each station symbolizes the effects of substance abuse and sexual assault in an individual's life and the people around them. Every team member has a specific purpose or role

in the group as they work through the obstacle course. Each event will be timed separately by trained physical training leaders and will not include the prevention modules that will call upon bystander intervention skills in the final fitness score. This will allow true fitness times to be added together at the end of the event to determine the best team, as breaks for the SAPR and DDR prevention activities will not hinder your overall time.

We are recruiting teams of six to participate in the obstacle course. Teams can be made up of members from the same unit, or they can be made of a mix of active duty, civilians, guard, and reserve.

The 2019 course will challenge Airmen physically and mentally while being more difficult than last year.

Come out and show us what you got! To acquire a registration form or for questions, call Tech. Sgt. Tahlia Robinson at 501-987-1900, Senior Airman Lauren Phipps at 501-987-1308 or Tiffany Clark at the SAPR office at 501-987-2697.

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TLR Airmen take on Alpha Warrior Battle Rig



U.S. AIR FORCE PHOTOS BY AIRMAN 1ST CLASS AARON IRVIN

Alpha Warrior directors of performance instruct Airmen on how to use the battle rig at Little Rock Air Force Base on March 5. The Alpha Warrior instructors tour different military bases around the world educating service members on how to properly use the battle rig.

By Airman 1st Class Marcus Taylor
19th Airlift Wing Public Affairs

Team Little Rock welcomed Alpha Warrior professional athletes to teach a course and educate U.S. Air Force Physical Training Leaders on how to properly use the Alpha Warrior Battle Rig at Little Rock Air Force Base, March 5-6, 2019.

The Alpha Warrior program, managed by the Air Force Services Activity, is an Air Force three-phase fitness initiative focused on the conditioning and readiness of Airmen. The course shows PTLs and fitness center staff members how to incorporate Alpha Warrior equipment into daily workouts, not just competitive runs through the rig.

“We’ve built a fitness curriculum consisting of strength, conditioning and cardio,” said Chad Leith, Alpha Warrior director of performance. “Everything’s mixed into one training regimen that you can use daily.”

The battle rig is made up of 12 modifiable exercises catered to every level of fitness experience. The rig operates around the idea of functional fitness and working muscles that traditional routines tend to overlook.

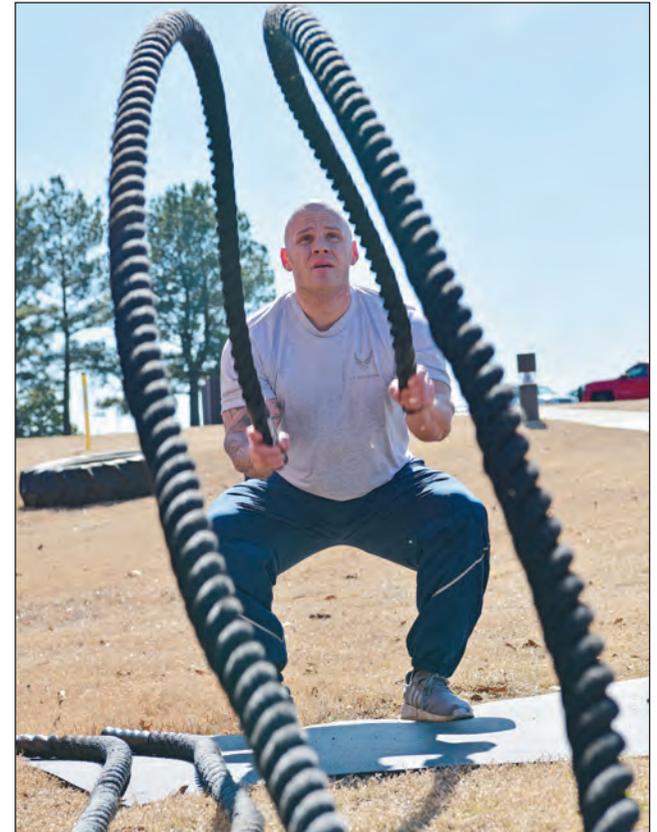
“Through the training curriculum we provide, we certify PTLs so they can run our program once we leave base,” Leith said.

PTLs who participated in the course had the opportunity to take a tab test, which assesses their capability of complet-

See Rig, 13



U.S. Air Force Senior Airman Nicholas Kastner, 19th Aircraft Maintenance Squadron aerospace propulsion journeyman, uses the bungee accelerator on the Alpha Warrior Battle Rig at Little Rock Air Force Base on March 5. The directors of training for the battle rig instructed physical training leaders on the proper way to use the battle rig before passing it along to fellow Airmen.



U.S. Air Force Senior Airman Nicholas Kastner, 19th Aircraft Maintenance Squadron aerospace propulsion journeyman, uses battle ropes on the Alpha Warrior Battle Rig at Little Rock Air Force Base on March 5. Kastner successfully completed the tab test by completing 13 different exercises on the battle rig before the set time limit.

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(April 1-5)
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BIOENVIRONMENTAL ENGINEERING:

(April 5 and April 8-17)
 -Gas mask fit test and respirator fit test appointment only

MPF:

(April 1-8)
 -Closed
 -Members with official appointments during Phase I will maintain their appointments

DFAC:

(March 25-29)
 -Breakfast: 5:30-9 a.m.
 -Lunch: 10:30 a.m. - 1:30 p.m.
 -Dinner: 4-6:30 p.m.
 -No Midnight Meal Available
 -POD: 7 - 12:30 a.m.
(April 1-19)
 -Breakfast: 5:30- 9 a.m.
 -Lunch: 10:30 a.m.- 1:30 p.m.
 -Dinner: 4-6:30 p.m.
 -Midnight Meal: 11 p.m. - 12:30 a.m. (available during Phase II only)

FINANCE:

(April 1-8)
 -Closed

CHILD DEVELOPMENT CENTER & INFANT TODDLER CENTER & SCHOOL AGE CARE:

(April 1-19)
 -Monday- Sunday 5 a.m. - 7 p.m. (with parent contract in advance)
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U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS MARCUS TAYLOR

Physical training leaders throw a medicine ball as part of the tab test for the Alpha Warrior program at Little Rock Air Force Base on March 6. A tab test assess the capability of the Airmen to complete the battle rig in a given time limit.

Rig

Continued from page 12

ing the rig in a given time limit.

"After this training, I plan to implement it the same way the instructors did," said U.S. Air Force Airman 1st Class Edilberto Sampang Jr., 19th Force Support Squadron fitness assessment cell assistant manager. "We will start off small, learning how to

modify the workouts before moving to the rig."

With phase one complete, LRAFB will move on to phase two in May 2019. It will increase the intensity of the workouts and implement more complex exercises and equipment such as assault bikes, kettle bells and dumbbells.

"My favorite part is seeing their progression," Leith said. "Typically when we start, we have individuals that don't really know what to expect but, over the course of two days, truly become experts on the rig."

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THE COMBAT AIRLIFTER CLASSIFIED DEPARTMENT will take ads by phone from 9 a.m. to 5 p.m. Monday through Friday 982-9421, or you may mail your ad to 404 Graham Rd., Jacksonville, Ark. 72078. You may also e-mail them to combatairlifter-classifieds@arkansasleader.com Deadline to advertise in Friday's issue is 5 p.m. Tuesday.

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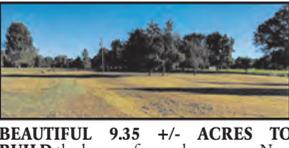
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