

HELPING AGENCY

Phone#:	501-987-7338	501-987-6801	501- 242-1816	501-366-5196	501-987-6014	501-987-8629	501-987-7377	501-987-7288	501-987-7886	501-987-3596	501-987-7338	800-342-9647	501-987-8811	501-987-7272
	ADAPT	AFRC - Financial Counselor	CYB - Military Family Life Consultant	AFRC - Military Family Life Consultant	Chaplain	Equal Opportunity	Family Advocacy	HAWC	Legal	Inspector General	Mental Health Clinic	Military One Source	Medical Provider	SARC
STRESS DUE TO...														
Work/ School			✓	✓	✓						✓	✓		
Finances		✓			✓							✓		
Abuse of Authority					✓					✓				
Fraud, Waste & Abuse										✓				
Unlawful Discrimination					✓	✓								
Nutrition/ Tobacco								✓					✓	
Fitness								✓				✓		
Relationships			✓	✓	✓		✓				✓	✓		
Marriage/ Family			✓	✓	✓		✓				✓	✓		
Grief/Sadness			✓	✓	✓						✓	✓		
Worry			✓	✓	✓						✓	✓		
Anger			✓	✓	✓						✓	✓		
Sexual Assault/ Harassment					✓	✓					✓	✓	✓	✓
Need for Medication													✓	
Clinical Anxiety/Panic											✓		✓	
Clinical Depression											✓		✓	
Alcohol/ Drugs	✓				✓						✓		✓	
Suicidal Thoughts					✓						✓	✓	✓	
Homicidal Thoughts					✓						✓	✓	✓	
Don't Ask/ Don't Tell					✓	✓			✓	✓				
Loss of Reality					✓						✓		✓	

For all Active Duty on LRAFB (Including AGRs and students on training)