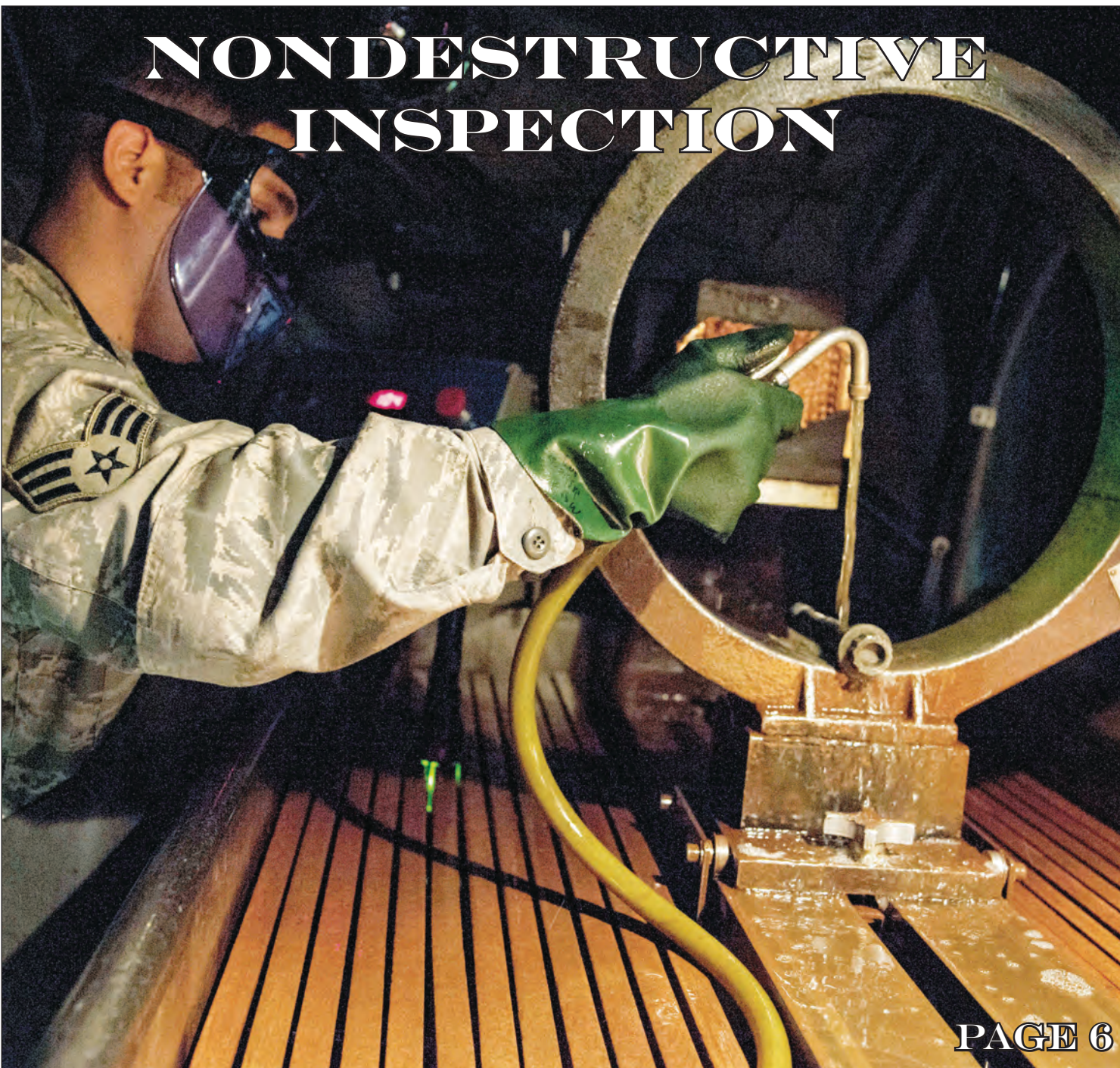




VOLUME 62 • NUMBER 43 • FRIDAY, OCT. 23, 2015



NONDESTRUCTIVE INSPECTION

PAGE 6

Senior Airman Michael Vigil, 19th Maintenance Squadron nondestructive inspection journeyman, runs an aircraft part under a chemical bath Oct. 14 on Little Rock Air Force Base. NDI Airmen find tiny faults in aircraft parts by running them through multiple chemical baths.

U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS MERCEDES MURO



CRASH VICTIMS REMEMBERED

Memorial service held at Hanscom Air Force Base, Mass., to honor two Airmen who were killed in a C-130J crash in Jalalabad, Afghanistan on Oct. 2.

PAGE 5



OBSTACLE OVERCOME

Staff sergeant with a family history of breast cancer undergoes bilateral mastectomy.

PAGES 10-11



GRIDIRON UPDATE

Get the latest intramural football standings and schedule update.

PAGES 14-15

MENTAL HEALTH

Follow up – it can be a matter of life and death

By Capt. David Liapis

92nd Air Refueling Wing Public Affairs

FAIRCHILD AIR FORCE BASE, Wash. – She was a hero. She was someone who had the courage to act when it mattered most. She was a true wingman. She saw the warning signs of depression and suicidal ideations in a friend, she made the right calls, made the right decisions and her friend's life was saved. This Airman knew the warning signs well, because she had been there before.

I had the opportunity to meet this life-saving Airman after learning of her proactive intervention. I sat with her in my office as she tearfully related to me some of her personal experience with depression and thoughts of taking her own life, and how that helped her know what to do when she realized her friend felt she had reached the end of hope.

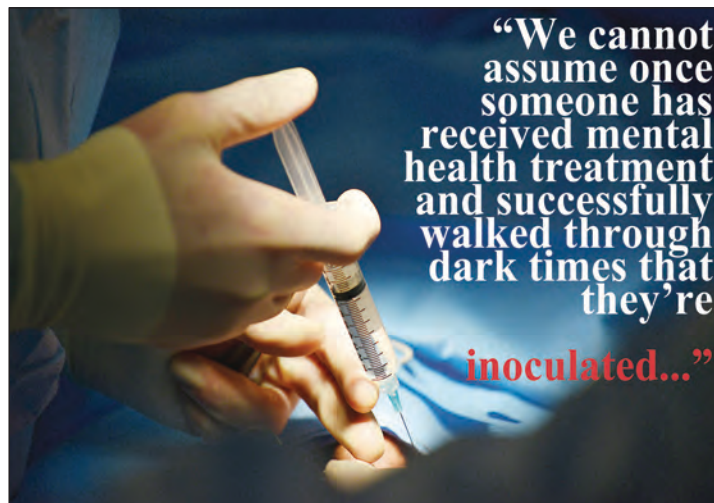
This Airman was able to meet with me that day because she sought help, and, thankfully and more importantly, she was there for her friend when she needed her the most. She said, "Asking for help is not a weakness. It's a strength. You've got to be able to admit you need help, and that takes strength."

About a year after I spoke with this "hero Airman," I was informed that she had tragically taken her own life. I was stunned. How could an Airman who seemed to have risen from depression, and had even saved someone's life, end up in a frame of mind where taking her life appeared her only option? What went wrong? Why didn't her previous experiences and knowledge work?

The major lesson I learned from all of this was that preventing suicide is not a one-time event. This Airman's saga demonstrates that we cannot assume that once someone has received mental health treatment and successfully walked through dark times that they're inoculated and won't relapse and require further help. We also can't assume that just because someone acknowledges that they know asking for help is a sign of strength that they will actually do it (even if they have in the past).

I'm not insinuating that anyone who has sought mental health help or has expressed suicidal ideations should be on perpetual suicide watch. What I'm getting at is that we need to be engaged with our Airmen and know how they are doing no matter how "stable" or "unstable" we perceive them to be.

I was stationed at what was then Elmendorf Air Force Base, Alaska, and our wing commander was Brig. Gen. Thomas Tinsley. I remember attending a commander's call at the base theater where



U.S. AIR FORCE PHOTO ILLUSTRATION BY CAPT. DAVID LIAPIS/ U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS RYAN CONROY

Mental health issues and factors that lead to suicide are no respecters of rank, job, gender or age. We cannot fool ourselves into thinking there's a demographic that's "safe" and to whom we don't need to pay attention. Every Airman matters and we need to care for each other accordingly by investing time and building relationships.

Tinsley encouraged us to be good wingmen and to seek help if we needed it. He was clear in his delivery, confident as a leader and by all appearances had it all together. It was for these reasons I was shocked to learn only a couple weeks after that commander's call that Tinsley had died from a self-inflicted gunshot wound. What went wrong? He was a general officer. I guess I assumed at the time that someone like him shouldn't be at risk.

Mental health issues and factors that lead to suicide are no respecters of rank, job, gender or age. We cannot fool ourselves into thinking there's a demographic that's "safe" and to whom we don't need to pay attention. Every Airman matters and we need to care for each other accordingly.

Really taking care of Airmen means more than passing them off to a helping agency, assuming they're good to go, and then moving on. It means following up over the long term and not allowing ourselves to believe that anyone is immune from needing a helping hand, and more than just once. It may be that follow up is the difference between life and death.

Editor's note: If you or someone you know is thinking about hurting yourself or others, help is available! Contact Mental Health, a chaplain, Family Advocacy or someone in your chain of command today. You can find helpful resources on your base's Resiliency Webpage or the Air Force's suicide prevention Webpage.

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A: Based on changes to the North Pulaski High School hours, Security Forces adjusted the gate hours to better accommodate drop-off and pick-up traffic. The new hours are 7-9:30 a.m. and 2:30-5 p.m. The adjusted hours will go in to effect Monday, Oct. 26. The Vandenberg Blvd./Main gate hours will remain the same, offering 24-hour base access. Visitors or individuals without a CAC or DoD ID can register for access at the Visitor Center, located at the main gate. For more information concerning gate hours and base access, please contact Security Forces at 501-987-6357.

EDITORIAL POLICY

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COMBAT AIRLIFTER OF THE WEEK

NAME

Tech. Sgt. Stephen Smith

POSITION

714th Training Squadron C-130J loadmaster

TIME IN SERVICE

12 years

TIME ON STATION

8 years

HOMETOWN

McHenry, Maryland

SIGNIFICANT ACTION

Smith coordinated with Air Mobility Command's training manager on C-130J training needs for a future \$28 million hangar request. He briefed standards and professionalism at weekly dorm formation to 76 nonprior service Airmen. Smith also administered two instructor loadmaster government contractor yearly evaluations.



U.S. AIR FORCE PHOTO BY SENIOR AIRMAN KAYLEE CLARK



AIRMEN AGAINST DRUNK DRIVING

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U.S. AIR FORCE GRAPHIC

HISTORY FACT



COURTESY PHOTO

At the end of October 1983, personnel from the 19th Air Refueling Wing, 41st Tactical Airlift Squadron and 53rd Military Airlift Squadron deployed in support of Operation Urgent Fury, a U.S.-led invasion of Grenada that was triggered by a bloody military coup and ousted a four-year revolutionary government. During the invasion, the 19th ARW aircrews provided aerial refueling support, while the 41st TAS and 53rd MAS provided airlift support. At the conclusion of OUF, a constitutional government had been restored to the small Caribbean island.

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SCORECARD: 314TH AIRLIFT WING

The 314th Airlift Wing is the nation's C-130 "Center of Excellence." The wing is responsible for training C-130 aircrew members from across the Department of Defense, to include the Coast Guard and 46 allied nations. Some of the ways the 314th AW tracks its successes are through measured aircraft availability and mission-capable rates. Those metrics as of Tuesday are:

Mission capable rate

C-130J: (standard 80 percent): 77.6 %

Aircraft availability

C-130J: (standard 8.4): 8.9

C-130 SCHOOL GRADUATES

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C-130 crash victims remembered by colleagues, leaders

By Mark Wyatt

66th Air Base Group Public Affairs

HANSCOM AIR FORCE BASE, Mass. (AFNS) -- More than 1,000 people attended a memorial service here Oct. 16 to honor two Hanscom Airmen killed earlier this month when the C-130J Super Hercules aircraft they were on crashed shortly after takeoff from Jalalabad, Afghanistan.

Senior Airman Kcey E. Ruiz, 21, of McDonough, Georgia, and Senior Airman Nathan C. Sartain, 29, of Pensacola, Florida, were members of the 66th Security Forces Squadron.

During the service, colleagues took time to remember them personally.

"If you were blessed to be his friend, then you had an incredible person in your life, one who leaves us with a legacy we will never forget," said Staff Sgt. Lee Shortell during his remarks on Sartain.

Shortell, who was Sartain's supervisor, added that there were very few people he knew "whose focus on the mission and pride in their work came anywhere close to Sartain's."

Staff Sgt. Derek Smiling, who spoke about Ruiz on behalf of Tech. Sgt. Matthew Marquart, said she was an "amazing troop."

"Kcey Ruiz, you were not only my troop, my sister-in-arms, but you were my friend and you are my hero," Smiling read. "I can proudly say, 'Kcey, you changed me.' She made me a better person, changed the way that I am as an NCO, as a supervisor, and as a human being."

See Remembered, page 7



The Voices of Hanscom (from left) Michael Fields, Stacey Jones, Maj. Catherine Tobin and Andie Avram perform the National Anthem on stage during a memorial service at the Aero Club Hangar at Hanscom Air Force Base, Mass., on Oct. 16. The service was held to honor Senior Airman Nathan Sartain and Senior Airman Kcey Ruiz, who were killed Oct. 2, when the C-130J Super Hercules they were on crashed shortly after takeoff from Jalalabad, Afghanistan.

U.S. AIR FORCE PHOTO BY JERRY SASLAV



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NONDESTRUCTIVE INSPECTION



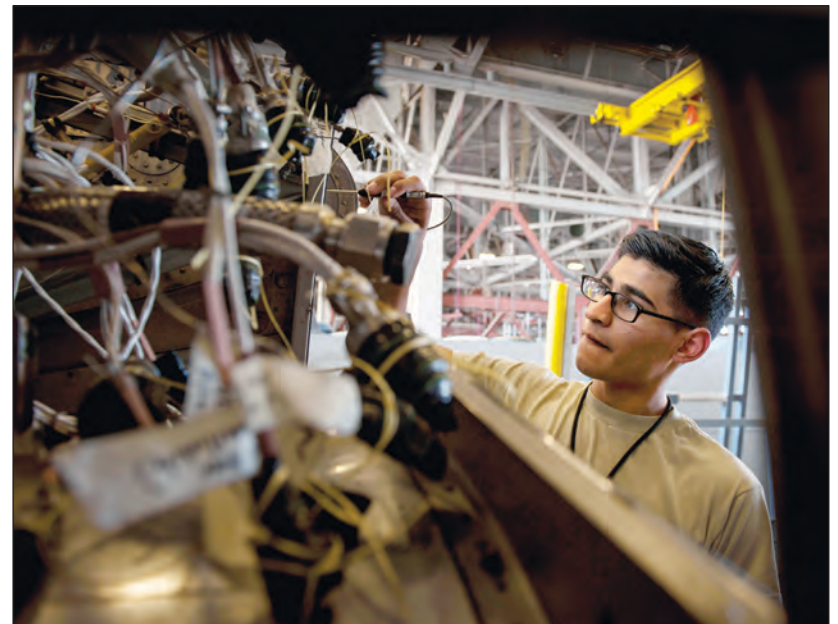
U.S. AIR FORCE PHOTO BY SENIOR AIRMAN STEPHANIE SERRANO

Airman 1st Class Joshua Fernandez, a 19th Maintenance Squadron nondestructive inspection apprentice, dips a part into liquid penetrant Oct. 14 at Little Rock Air Force Base. After the process, the part will be put under a black light to check for cracks or defects.



U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS MERCEDES MURO

A fault, highlighted in neon yellow, is identified and found in an aircraft part Oct. 14. Nondestructive inspection Airmen run aircraft components under a variety of chemical baths to find tiny cracks that could cause major accidents.



U.S. AIR FORCE PHOTO BY SENIOR AIRMAN STEPHANIE SERRANO

Airman 1st Class Joshua Fernandez, a 19th Maintenance Squadron nondestructive inspection apprentice, performs an Eddy Current test Oct. 14. An eddy current test is an electromagnetic testing method used to check the structural integrity of an aircraft.



U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS MERCEDES MURO

An aircraft component is inspected with a sonogram Oct. 14 during a nondestructive inspection. NDI Airmen search for faulty pieces using a variety of techniques such as probing, chemical baths and sonograms.

Remembered

Continued from page 5

Also recalling the two Airmen was the base commander. “These two defenders embodied the character, honor, dedication and sacrifice of true heroes,” said Col. Michael A. Vogel, installation commander. “I could not be more proud and humbled to stand here today as Nate’s and Kcey’s base commander.”

Ruiz and Sartain were deployed with the 455th Air Expeditionary Wing in Afghanistan as Fly Away Security Team members as part of Operation Freedom’s Sentinel.

At their home station here, both were installation entry controllers and also armorers.

“On behalf of all the men and women of the 66th Security Forces Squadron, I can tell you how proud we all are of Kcey and Nathan’s exemplary service, friendship and defender kinship,” said Maj. Joseph Bincarousky, the 66th SFS commander, to the families of the fallen Airmen. “They will always be a part of this family, and your families will always have a place in our hearts.”

Both Airmen were posthumously awarded the Air Force Commendation Medal by their unit commander.

Vogel vowed to continue to honor the Airmen’s memory by completing the mission.

“We will not falter; we will succeed,” he said. “And we will always remember our two fallen heroes and those who loved them.”



U.S. AIR FORCE PHOTO



U.S. AIR FORCE PHOTO BY JERRY SASLAV

(Above) Maj. Joseph Bincarousky, 66th Security Forces Squadron commander, posthumously presents Senior Airman Nathan Sartain and Senior Airman Kcey Ruiz the Air Force Commendation Medal during a memorial service at the Aero Club Hangar on Oct. 16. The service was held to honor and remember the two Airmen killed Oct. 2 when the C-130J Super Hercules aircraft they were on crashed shortly after take-off from Jalalabad, Afghanistan.

(Left) Senior Airman Wilyaveh Cruz-Santiago reads Senior Airman Nathan Sartain’s biography during a memorial service for Sartain and Senior Airman Kcey Ruiz at the Aero Club Hangar at Hanscom Air Force Base, Mass., on Oct. 16, while Staff Sgt. Lee Shortell looks on.

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Operation Homefront accepting Military Child of the Year nominations

SAN ANTONIO — From today through Dec. 11, the national nonprofit Operation Homefront will accept nominations for the 2016 Military Child of the Year awards, which will be presented at a recognition gala April 14 in the nation's capital.

The eighth annual awards will recognize six outstanding young people ages 8 to 18 to represent the Army, Marine Corps, Navy, Air Force, Coast Guard, and National Guard for their scholarship, volunteerism, leadership, extracurricular involvement, and other criteria while facing the challenges of military family life.

On average, previous recipients have had at least one parent deploy for 18 months or longer and have relocated at least five times due to a parent's military assignments.

The six awardees will receive \$10,000 each, will receive a laptop computer and other donated gifts, and will be flown with a parent or guardian to Washington, D.C., for the gala, during which senior leaders of each branch of service will present the awards.

"It's our honor to celebrate military children through the Military Child of the Year for the eighth consecutive year," said Operation Homefront President and CEO, John I. Pray, Jr. "Whether it's in schools or honor societies, civic associations and clubs, sports or volunteerism, you

never have to look far to find an exemplary military child who thrives in the face of challenges inherent to military life. As we open up the nomination window, please join us in celebrating the resilience, achievement and strength of character embodied by our youngest patriots and submit a nomination to recognize them today."

The 2015 recipients reflect the high caliber of talent, intellect and community involvement that the Military Child of the Year typifies.

For instance, having already lobbied Congress for passage of the Girls Count Act of 2014, Air Force 2015 Military Child of the Year Sarah Hesterman founded while in Qatar an organization called Girl Up Qatar, a club that works to promote the rights of women and girls in the Middle East and around the world by providing access to education and resources for adolescent girls in situations of conflict. The BBC even named this current high school senior one of its 100 Women in 2014.

"The best thing about being selected as Military Child of the Year for the Air Force was feeling like I had made a contribution to USAF," said Sarah, who is the daughter of Lt. Gen. John W. Hesterman and retired Air Force Col. (Dr.) Jennifer Hesterman. "I had always felt as though the service gave me everything that I could ask for but that I wasn't giving back. Knowing that I may have

been able to serve and do something for the Air Force, even as just a teenager, was a wonderful feeling. The pride that I felt going on stage and accepting the award is still the same pride I feel today ... Winning MCOY made me realize how important it is to show military kids that you can create a life for yourself outside of just being the child of someone who serves or has served. Whether it's to be a voice for other military kids or to speak up for those who need representation in other countries, I now get to show other kids how to speak up and be heard."

Sarah, who has moved back to Andrews Air Force Base near Washington, D.C., said she had a busy and memorable summer, adding, "I spent most of my summer doing work for Girl Up, and the pinnacle of my summer was attending the Girl Up Leadership Summit in Washington, D.C. I was fortunate enough to meet Michelle Obama and a number of other leaders who are champions for girls' education. I also went to Capitol Hill to speak with representatives and senators about female refugees and the importance of their safety."

As president of the Missouri National Guard Teen Advisory Council, current high school junior Zachary Parsons, the 2015 inaugural National Guard Military Child of the Year, continues to enlighten elected officials to the inherent challenges of being a military child in general and in being the child of a wounded National

See Nominations, page 9



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Nominations

Continued from page 8

Guard soldier in particular. Zachary is also president of his 4-H club, president of the Johnson County 4-H Council, West Central representative on the 4-H State Council, a 4-H representative on the University of Missouri Extension Council, a Missouri United Way fund-raiser, and a member of the National Honor Society.

"I was extremely proud to be the first representative of the National Guard for the MCOY award," said Zachary, who visited the White House this summer as a part of a Washington Focus trip. "I was happy to act as a voice for National Guard kids everywhere. Many do not understand that we go through a totally different set of obstacles that prove to be just as difficult as those of other military kids. I was extremely proud to represent my dad's branch at a higher level."

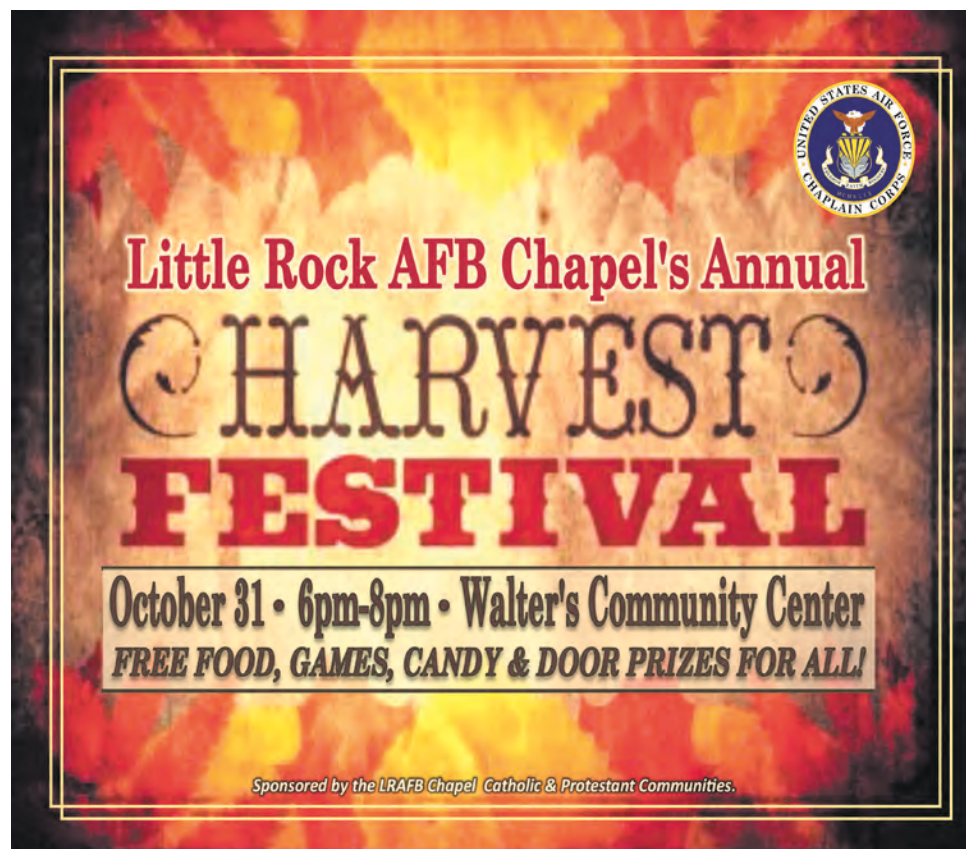
Continuing his community service through the summer, Zachary said, "I volunteer with United Way and contin-

ue to collect shoes for my Soles4Souls community service projects. I was also involved in a project called Project Smile, where I helped construct and donate 45 tie blankets to the local emergency room. I find service to be extremely important, and I will continue to help others in need all my life."

For more information about the Military Child of the Year nomination process, visit www.militarychildoftheyear.org.

About Operation Homefront: A national nonprofit, Operation Homefront leads more than 2,500 volunteers with nationwide presence who provide emergency and other financial assistance to the families of service members and wounded warriors. Operation Homefront has provided assistance to thousands of military families since its inception in 2002. Recognized for superior performance by leading independent charity watchdog groups, nationally, 92 percent of Operation Homefront's expenditures go directly to programs that provide support to our military families.

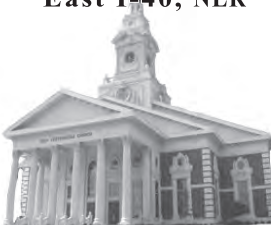
For more information, go to www.OperationHomefront.net.



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Odds overcome

Loadmaster instructor

beats breast cancer

U.S. Air Force Staff Sgt. Allison Padgett, 714th Training Squadron C-130 loadmaster, is seen in profile wearing sunglasses. She is a C-130J on Oct. 14 on Little Rock Air Force Base. Padgett routinely flies on training flights and has instructed hundreds of C-130 loadmaster students throughout her career.

ARTICLES AND PHOTOS BY SENIOR AIRMAN HARRY BREXEL, 19TH AIRLIFT WING PUBLIC AFFAIRS

Growing up knowing there is a hidden danger lurking outside your door is not a comforting thought as a child, teenager or young adult. For Allison Padgett, being aware of the dangers of breast cancer is something she's dealt with since she was a young girl.

"My grandmother, aunts and mother all had breast cancer," said Padgett, a staff sergeant assigned to the 714th Training Squadron as a C-130 loadmaster and instructor. "So there is a clear history of it in my family."

As a young woman, Padgett made routine visits to the doctor for mammogram tests and biopsies. The tests brought up nothing of urgent concern until mid-2014.

"Doctors told me that precancerous cells may be present, but no clinical diagnosis could be made due to all the scar tissue I had," Padgett said.

The scar tissue was formed from the multitude of biopsies that Padgett underwent throughout her life.

"I consulted multiple doctors and three different surgeons told me the same thing," Padgett said. "I could either wait for the prognosis to turn into something more serious or I could have a bilateral mastectomy performed."

A bilateral mastectomy involves the removal of both breasts. The surgery greatly lowers the risk of developing cancer. For Padgett, it wasn't a very difficult decision.

"I didn't want what happened to my mother to happen to me," Padgett said. "Her cancer progressed and she had to go through radiation and chemotherapy."

A consummate professional and passionate about being a loadmaster, her



career played a huge part in Padgett's decision to get the mastectomy. Her no-nonsense attitude that makes her a good noncommissioned officer has also helped her meet the challenges of beating cancer head on.

"I'm a take-charge flyer," she said. "I like to be in control and secure my flying career. I could have gotten sick and diagnosed with cancer if I didn't choose to have surgery. I wouldn't be able to do my job. It would be soul-crushing to never fly again."

In August of 2014, Padgett underwent the invasive surgery while stationed to Little Rock Air Force Base, Arkansas. The mastectomy went well but it was the first of many operations. Complications arose during multiple reconstructive surgeries.

Eventually, Padgett bounced back and received a clean bill of health

before heading back to instructing loadmaster students.

Those who work and serve with Padgett understand her decision.

"I've never met anybody that would give up their flying career or Air Force career," said Ransburgh, 714th TRS superintendent. "Allison embodies service before self."

For many people, cancer involves pain and a learning opportunity.

"The whole experience taught me a lot about myself. I was scared but I knew it didn't hurt. There were moments of tears, but I'm just grateful to be here," Padgett said.

Being an advocate for breast cancer awareness is a goal for Padgett.

"I definitely encourage friends to get involved. I participate in Race for the Cure and donate to it. I want to appreciate life and people more."

Now healthy, Padgett is still able to provide a learning opportunity as a loadmaster instructor. She contributes to the education of students each year from over 40 different countries.

"I fly whenever I get the chance to," Padgett said. "I love teaching new students. That's why I love my students in deployed environments. They've helped teach them what they know."

ome: ructor nker

er liaison, prepares for a flight on
ing missions and has instructed

AFFAIRS

master students.
ggett admire her attitude toward the
willingly give up so much to ensure
said Senior Master Sgt. Randall
."Her drive and commitment
ain, fear or sadness. Padgett used it as
lot," said Padgett. "I never felt victim-
ave to be dramatic. I was terrified and
ist not the type to be very emotional."
awareness is a very important to
t a check-up," she said. "I partici-
Susan G. Komen when I can. I just
perform her job as an Air Force
to teaching approximately 1,400
ent countries.
Padgett said. "I love to instruct and
at it is all about. I may work with
and it feels good knowing that I've



From left, U.S. Air Force Staff Sgt. Allison Padgett, 714th Training Squadron C-130 loadmaster liaison, instructs U.S. Air Force Airman 1st Class James Cole, 714th TRS C-130J loadmaster student, prior to a training flight Oct. 14. Padgett taught her student how to use an operational tow plate, which is a vital tool in performing airdrops.

(Left) Padgett completes a pre-flight checklist Aug. 19 on Little Rock Air Force Base. Padgett has more than 1,500 flying hours on the C-130 airframe.

INSIDE LOOK: Flightline Operations



U.S. AIR FORCE PHOTOS BY SENIOR AIRMAN KAYLEE CLARK

(Above) Members of the 19th Aircraft Maintenance Squadron perform munition downloads on a C-130J on Sept. 3 at Little Rock Air Force Base. Team Little Rock members work around the clock to ensure the base's Combat Airlift mission is successful.
 (Inset) Senior Airman Julian Santiago, 19th Aircraft Maintenance Squadron crew chief, waits to marshal an aircraft Sept. 9. Aircraft marshalling provides hand signals to personnel taxiing or operating aircraft on the ground.

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COMMUNITY HAPPENINGS

Oct. 30

Arnold Drive Elementary will host its fall festival and fundraiser from 5:30 to 8 p.m.

Oct. 31

Jacksonville First United Methodist Church will host a Halloween Festival from 5 to 7 p.m. Saturday, Oct. 31 at 308 W. Main St. The free event offers a fun and safe environment with food, games, bouncer, dunk booth, face painting, candy, toys, cake walk and more. Call 982-8176 with any questions.

Through Oct. 31

The Little Rock Zoo's Halloween festival Boo at the Zoo is appropriate for families with children of all ages featuring trick or treating in a safe environment as well as dozens of other activities and attraction. The event is from 6 to 9 p.m. Admission is \$10 per person. Last admission is at 8:30 p.m.. For more information, visit www.littlerockzoo.com.

Town hall meeting

Installation Commander Col. Charles Brown Jr. hosts a Town Hall meeting from 6 - 8 p.m. Oct. 26 at the Walters Community Center. For those who are not able to attend, there will be an opportunity to participate via social media. See the base's Facebook Page, www.facebook.com/LittleRockAirForceBase for more information.

Commissioning town hall meeting

The 19th Force Support Squadron hosts a commissioning town hall meeting at 1 p.m. Oct. 29 in the Walters Center ballroom. The meeting covers all of the different commissioning programs available and features a Q&A session with prior enlisted officers. Call 987-3417 for more information.

Month of the Military Family

November is Month of the Military Family and the Airman and Family Readiness Center marks the month with a Something For Everyone Extravaganza from 9:30 a.m. - 1 p.m. Nov. 7 at the Warfit Track. The event feature games and activities where participants earn points for prizes. Prizes include trophies, bicycles and \$500, \$300 and \$100 gift cards. A free lunch is served from 11 a.m. - 12:30 p.m. The day also includes a Littlest Warrior Pageant and We've Got Talent competitions that require signing up by Nov. 6. Call the A&FRC at 987-2667

to register. There will also be basketball and weight lifting competitions. Register for those events by sending an e-mail to afrc.events@gmail.com no later than Nov. 2. Registration must include unit name, contact number, team name and names of each member.

Retiree flu shots

Retirees ages 50 and over can get their flu shots at the 19th Medical Group Immunizations Clinic. The clinic is open 7:30 a.m. - 4 p.m. Call 987-2927 for more information.

Essay contest for military children

The Airman & Family Readiness Center sponsors an children's essay contest with the topic "What's the best thing about being a Military Kid?" as part of Military Family Month activities. Age categories are 5-6 years, 7-8 years, 9-10 years and 11-12 years. Submissions must include: child's and parent's name, child's age and contact phone number. Essays will be rated on creativity/originality, clear presentation of topic, structure/organization/grammar and style/emotional/appeal. Essays are due Oct. 26 and should be handwritten and dropped off at the Airman & Family Readiness Center inside the Walters Community Support Center. Winners will be announced at the Month of the Military Family event Nov. 7 and entrants must be present to win. Call the A&FRC at 987-2667 for more information.

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THIS WEEK IN FOOTBALL

AMERICAN LEAGUE

Standings

Team	Wins	Losses
41st AS	3	1
19th MXS 1	3	1
314th AMXS	2	1
19th OSS	2	2
50th AS	2	2
ARMY	2	2
19th CEF	1	3

Schedule

Game	Home	Away
Oct. 26		
5:30 p.m.	19th OSS	19th MXS 1
6:30 p.m.	314th AMXS	19th CEF
7:30 p.m.	ARMY	41st AS
Oct. 28		
5:30 p.m.	ARMY	19th CEF
6:30 p.m.	314th AMXS	19th MXS 1
7:30 p.m.	41st AS	19th OSS
Nov. 2		
5:30 p.m.	314th AMXS	ARMY
6:30 p.m.	19th MXS 1	41st AS
7:30 p.m.	19th OSS	50th AS

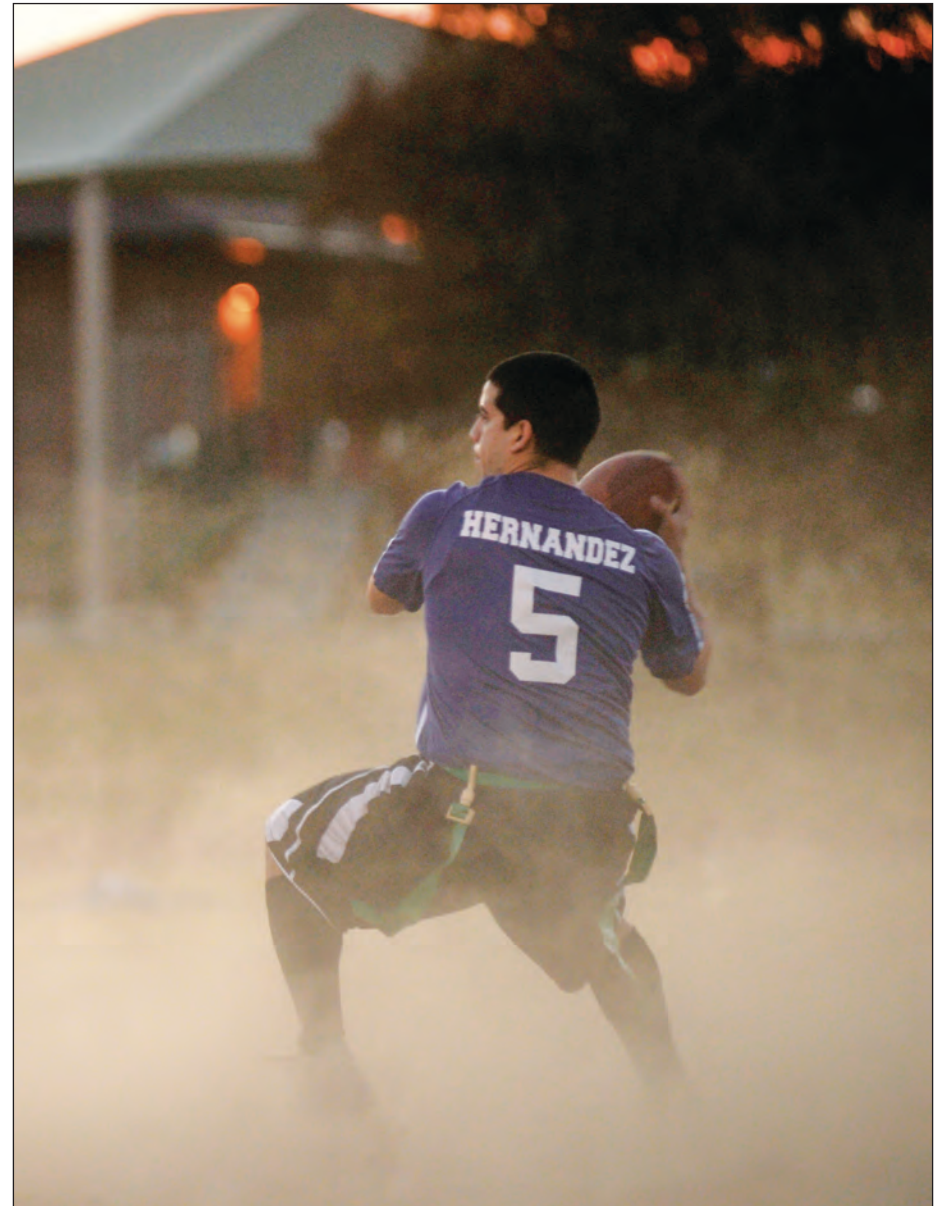
NATIONAL LEAGUE

Standings

Team	Wins	Losses
19th CES	4	0
19th AMXS	3	1
19th MXS 2	2	1
19th MDG	2	2
19th LRS 2	2	2
188th ISGR	1	2
19th SFS	1	3
61st AS	0	4

Schedule

Game	Home	Away
Oct. 27		
5:30 p.m.	19th MXS 2	19th LRS 2
6:30 p.m.	188th ISGR	19th MDG
7:30 p.m.	19th CES	19th AMXS
Oct. 29		
5:30 p.m.	19th SFS	19th MXS 2
6:30 p.m.	188th ISGR	61st AS
7:30 p.m.	19th MDG	19th LRS 2
Nov. 3		
5:30 p.m.	19th MXS 2	19th CES
6:30 p.m.	188th ISGR	19th AMSX
7:30 p.m.	19th MDG	19th SFS



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Sunday Mass.....9:30 a.m.

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PWOC (1st, 2nd, and 3rd Wednesday)6:30 p.m.

Catholic RE

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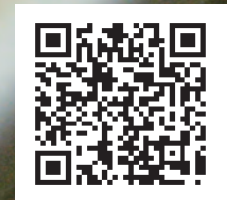
Catholic Women of the Chapel (3rd Tuesday)6:30 p.m.

Other Faith Groups/Inquiries

Please contact the Little Rock AFB chapel office at 501-987-6014 for specifics on other faith groups or information regarding the local churches in the area.

Team Little Rock Phone Book

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Little Rock Air Force Base Flickr
www.flickr.com/photos/59070755@N02/

Little Rock Air Force Base Twitter
www.twitter.com/LRAFB

19th Force Support Squadron
www.rockinattherock.com/

19th FSS Facebook
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LRAFB Housing Referral Office
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SAVES: Week of 19 October 2015

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Past 60 Days

(Rollback date: 20 Aug 2015)

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Type:	
DUI/DWI	3
Underage	0
Drunk/Disorderly	0
Duty-Related Incident	0
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DV/Maltreatment	0
Contributing	0
Crimes Against Property	0
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Drug +	0

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Properties Available:

- 115 Essex Cove, Jacksonville, 3 Br, 2 Ba, \$1100/mth
- 66 Liberty, Cabot, 3 Br, 1 Ba, \$725/mth
- 1213 Melrose, Jacksonville, 3 Br, 2 Ba, \$1050/mth
- 17 Shamsie, Ward, 3 Br, 2 Ba, \$950/mth
- 1704 Nina, Jacksonville, 3 Br, 1 1/2 Ba, \$725/mth
- 126 Ridgecrest Sq., Cabot, 3 Br, 2 Ba, \$1,150/mth
- 16 Fox Run Circle, Cabot, 3 Br, 2 Ba, \$925/mth
- 77 Pheasant Run, Cabot, 4 Br, 2 Ba, \$795/mth
- 39 Pheasant Run, Cabot, 3 Br, 1 1/2 Ba, \$695/mth
- 14 Triple J, Lonoke, 3 Br, 2 Ba, \$925/mth
- 911 South Eastern, Jacksonville, 3 Br, 2 Ba, \$975/mth
- 18 Wright Circle, Jacksonville, 3 Br, 1 1/2 Ba, \$775/mth
- 1312 Hendrix, Jacksonville, 3 Br, 1 Ba, \$675/mth
- 308 Brewer, Jacksonville, 3 Br, 1 Ba, \$700/mth
- 650 Wilson Loop, Ward, 4 Br, 2 Ba, \$1100/mth
- 118 Seminole Circle, Austin, 3 Br, 2 Ba, \$1100/mth
- 126 Cross Creek Drive, Austin, 3 Br, 2 Ba, \$1150/mth
- 6004 Leabrook, Sherwood, 3 Br, 2 Ba, \$850/mth
- 94 Lowery, Jacksonville, 3 Br, 1 1/2 Ba, \$725/mth

For a complete list of our rental property, stop by our office at 300 T.P. White Drive, Suite A, Jacksonville or call 501-982-3185
www.bgrpm.com

YARD SALE, 10/24, 7 am-3 pm, 20 Lilac Ln., Cabot. Furniture, depression glass, yellowware bowls and more.

YARD SALE, 10/23 and 24, 8 am-6 pm, 7645 Kerr Station Rd., Cabot. Plus-sized clothes, cookbooks, coats, radio controlled planes, computer chair, hospital bed, misc.

BIG 3-FAMILY yard sale, 10/23 and 24, 13218 Hwy. 31 N., Ward. Hunting supplies, women's and kid's clothing, wheels and tires, lots of good stuff.

YARD SALE, 10/24, 7:30. 19 Seven Point Ln., Cabot. Getting ready to sell house/clean attic - furniture, dishes, patio furniture, misc.

YARD SALE, 10/24, 7:30 am-? 16 Seven Point Ln., Cabot. Riding lawn mower, ladies clothing, shoes, household items and lots of misc.

GIANT SALE, 10/23 and 24, 7 am, 403 Shiloh Rd., McRae. 2 semi trailers full, 100s of items!

GARAGE SALE, 10/24, 7 am-? 2716 Gray Fox, Jacksonville. All items new or in excellent condition.

YARD SALE, 10/23, 8 am-3 pm, 10/24, 8 am-? 222 Southwood Ln., Cabot. Lawn and farm items, household items and more.

2-FAMILY YARD sale, 10/24, 7 am, 68 Pear St., Cabot. Plus-sized clothes, men's jeans, kid's clothes, household items, movies, knick-knacks. Rain cancels.

YARD SALE, 10/23 and 24, 7 am-5 pm, 93 Willow Lake Dr., Ward. Lots of items, collectibles, crafts and fabrics, household, women's clothes and lots of misc.

4-FAMILY GARAGE sale, 10/23 and 24, 7 am-3 pm, 763 Beaver Rd., Furlow.

YARD SALE, 10/23 and 24, 7 am-? 12 Country Village Cir., Cabot. Clothes, household items, lots of misc.

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2 BD 1 BA - \$425-\$515

3 BD 2 BA - \$850-\$1350

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